# NATIONAL INVENTORY
# OF
# TREATMENT PROGRAMS
# FOR
# CHILD SEXUAL ABUSE OFFENDERS

Canadian Child Welfare Association.
April 1989

This project was funded under contract by the Family Violence Prevention Division, Health and Welfare Canada through the Child Sexual Abuse Initiative.

ISBN 0-921570-06-6

91-01957/

# ACKNOWLEDGEMENTS

In the summer of 1988, R. Malcolm Murray compiled a preliminary descriptive listing of Treatment Programs for Child Sexual Abuse Offenders in Canada. This project was initiated by Barbara Merriam and Femmy Mes of the Family Violence Prevention Division of Health and Welfare Canada. The Canadian Child Welfare Association was then contracted to complete the inventory.

The final document has been produced with the assistance of a number of individuals and organizations: Adele McKay, from Central Toronto Youth Services, undertook the search for additional treatment programs in Ontario; Sylvie Laroche, from the Canadian Child Welfare Association, collected and compiled the information for Quebec programs; John Meston, Executive Director of the Canadian Child Welfare Association, provided guidance and advice, along with names and addresses of individuals and organizations to contact, including those who are currently members of the CCWA; Dr. Fred Mathews, Researcher from Central Toronto Youth Services, also supplied names and addresses of individuals and agencies across Canada who are involved in the treatment of child sexual offenders. Special thanks and appreciation go to these individuals for their support and assistance.

I would also like to acknowledge the valued contribution of those individuals and organizations who completed the survey questionnaires and who responded to my requests for names and addresses of treatment programs in their area, region or province.

M. Catherine Ryerse,
Researcher,
Canadian Child Welfare Association.

April 1989

## *INTRODUCTION*

The compilation of this national inventory was initiated by the Family Violence Prevention Division of Health and Welfare Canada in 1988 who contacted a number of individuals and organizations involved in the treatment of child sexual abuse offenders. A preliminary listing was compiled, which the Canadian Child Welfare Association was requested to complete.

The Canadian Child Welfare Association is a national, non-profit organization whose membership includes child welfare agencies, individuals, professionals, and provincial associations involved in providing services for children and youth experiencing difficulty. The CCWA has recently undertaken a number of projects directly related to the treatment of child sexual abuse offenders including training intensives in three major cities across Canada focusing on the treatment of adolescent sex offenders. In fact, a number of contacts for this inventory arose from attendance lists of people who participated in the first two of these conferences.

A survey questionnaire was developed and distributed to CCWA members, those in attendance at treatment conferences, Directors of Child Welfare, individuals and agencies identified through national, provincial and local directories of child abuse treatment programs, and a number of other government and private child welfare organizations. Further contacts were facilitated through the response to this questionnaire. As the project neared completion, other contacts were made through telephone interviews.

Although the aim was to include all treatment programs for adult and adolescent child sexual abuse offenders in Canada, it is inevitable that some will have been missed. In addition, in areas of the country where treatment programs are scarce (i.e. Newfoundland, Nova Scotia, New Brunswick, and Prince Edward Island), we have included in this listing private practitioners who provide specific treatment services for child sexual abuse offenders. A number of private practitioners were also included in British Columbia, and a few in the other provinces and territories as well, since their involvement in the treatment of child sexual offenders is a main focus of their practice, and in some cases, they may be the only treatment resource in a particular area. Also, for the most part agencies and individuals who do treat the child sexual abuse offender but to a much lesser degree (i.e. residential or community based programs for children with a variety of behaviour problems; programs working with victims or survivors of child sexual abuse as their main focus) have not been included in this inventory. The program descriptions contained in this inventory are not comprehensive, but instead provide a brief outline of services available and treatment methods employed. The intention is not to provide a basis for developing a treatment program for the child sexual abuse offender; nor is it meant to supply a training manual or examination and analysis of the various treatment methods. Simply, this is a directory of existing treatment resources available across the country for treating the child sexual abuse offender. Depending on the reader's interest or involvement with the treatment of child sexual abuse offenders, this inventory may be helpful in locating programs in a given area for purposes of referral or placement; it may serve as a directory of contacts in terms of needs assessment, information gathering, or research project; or it might be utilized as an information resource if your agency is considering developing a treatment program. For more detailed information on referral criteria, assessment and treatment methods, process, staffing, training, etc, it is recommended that the programs be contacted directly.

The treatment programs in this inventory are arranged according to province/territory, and city/town in alphabetical order.

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# *ALBERTA*

PROGRAM:
ORGANIZATION: Alberta Psychological Resources
ADDRESS: #210, 625 — 14 Street N.W.
CALGARY, Alberta
T2N 2A1

TELEPHONE: (403) 283-8387

CONTACT PERSON: Dan Pasley

TARGET GROUP: All child sexual offenders.
REFERRAL: Alberta Social Services, Courts, lawyers, police, physicians and other agencies.

PROGRAM DESCRIPTION: A community based outpatient program. Treatment orientation is mainly individual therapy focusing on social learning, utilizing systems theory and cognitive approaches. Some groups are occasionally run, as well as marital dyads, family therapy, and extended family member treatment. Other modalities of treatment include: social skills training, psychotherapy, behavioral therapy, stress reduction techniques, and relationship counselling. Follow-up is provided as part of the overall program in which scheduled sessions occur six months apart. Program evaluation is conducted by the gathering of data on the clients and re-offence rates.

PROGRAM: Community Treatment for Child Sexual Abuse
ORGANIZATION: Anderson and Mayes Counselling Associates Ltd.
ADDRESS: 401, 1177 — 11 Avenue S.E.
CALGARY, Alberta
T2A 1K9

TELEPHONE: (403) 245-5005

CONTACT PERSON: Carolyn Anderson, Peggy Mayes

TARGET GROUP: Intrafamilial child sex offenders.
REFERRAL: Child Welfare, police, lawyers, and self-referral.

PROGRAM DESCRIPTION: An outpatient program which is both community based and private practice. The assessment component utilizes psychological and social testing. The predominant mode of treatment is based on Giarretto's Humanistic Family model stressing personal responsibility, education and communication skills. Individual, group and family counselling are available. Follow-up is maintained by a self-help group model, as well as an open-door termination policy. No program evaluation has been conducted.

PROGRAM: Family Treatment of Child Sexual Abuse
ORGANIZATION: Catholic Family Services
ADDRESS: Ste. 250, 707 — 10 Avenue S.W.
CALGARY, Alberta
T2R 0B3

TELEPHONE: (403) 233-2360

CONTACT PERSON: Doris Chabot, M.S.W., or Coordinator of Services

TARGET GROUP: Children who have been sexually abused and their families. Occasionally, fathers of the victims are included in the treatment, regardless of motivation or disability. If a psychological or psychiatric assessment is required, it is obtained from other agencies.
REFERRAL: Child Welfare.

PROGRAM DESCRIPTION: A community based outpatient program focusing on families. Assessment is provided from a family therapy perspective. Treatment orientation is family therapy with some individual counselling. Follow-up phone calls are made, but not regulated. No program evaluation is in place.

PROGRAM: Individual/Group Treatment for Adolescent Sex Offenders
ORGANIZATION: Choices-Realistic Alternatives Inc.
ADDRESS: Heritage Hill Professional Bldg.
105, 8181 Flint Road S.E.
CALGARY, Alberta
T2H 2B8

TELEPHONE: (403) 221-0470

CONTACT PERSON: Gary Brayton Ph.D.

TARGET GROUP: Perpetrators and victims aged 10 to 18 years.
REFERRAL: Primarily Court ordered.

PROGRAM DESCRIPTION: A community based private agency providing both assessment and treatment. Assessment includes: psycho-social history, psycho-sexual history; sexual deviancy, cycle of abuse, clinical testing, individual and family interview, and risk assessment. Treatment modalities include: cognitive behavioral, 12 Step Addictive Model, cognitive restructuring and behaviour management, cycle of abuse, victim empathy, family issues, problem solving, life skills, sexuality education, and dyads. Both group and individual therapies are provided. No systematic follow up is in place, however, some follow up is provided for individuals for 60 days. No formal program evaluation has been conducted, although evaluation takes place through single case methods.

PROGRAM:
ORGANIZATION: Forensic Assessment and Outpatient Services (F.A.C.S.)
Calgary General Hospital
ADDRESS: 841 Centre Avenue East
CALGARY, Alberta
T2E 0A1

TELEPHONE: (403) 268-9610 or 268-9200

CONTACT PERSON: W.A. Weston, R.J. Brown

TARGET GROUP: Sex offenders throughout Southern Alberta. Violent and non-violent sex offenders are admitted voluntarily or by Court mandate to the program.
REFERRAL: The Courts, police, probation, medical and mental health.

PROGRAM DESCRIPTION: Comprehensive assessment and treatment services are provided through a multidisciplinary forensic team using a client centered approach. The range of treatment includes: pharmacological, medical, behavioral with arousal conditioning (biofeedback, generally nonaversive), cognitive, social skills training, individual and group psychotherapy. Follow up is provided on a regular basis.

PROGRAM: Family Sexual Abuse Treatment Program
ORGANIZATION: Rocky View General Hospital
ADDRESS: 7007 — 14 Street S.W.
CALGARY, Alberta
T2V 1P9

TELEPHONE: (403) 259-7666

CONTACT PERSON: Robbie Babins-Wagner

TARGET GROUP: Child sexual offenders (parents, stepparents). Offenders are provided treatment with spouses and victims in a family therapy context. No violent or mentally ill patients are admitted.
REFERRAL: Child Welfare Branch, Alberta Social Services.

PROGRAM DESCRIPTION: A hospital based outpatient program providing an extensive assessment component. Treatment orientation is a strategic-systemic family systems model, with individual, marital and family counselling. This is a multimodel approach designed to meet both the individual client's and whole family needs. Three regulated follow-up contracts are made with graduates during a two year post-treatment period. Program evaluation is done internally with single patients and their families (pre- and post-testing) using psychological measurement scales.

PROGRAM: Hull Centre
ORGANIZATION: Wm. Roper Hull Child & Family Services
ADDRESS: 117 Woodpark Blvd., S.W.
CALGARY, Alberta
T2W 2Z8

TELEPHONE: (403) 281-2266

CONTACT PERSON: Dr. L. MacDonald

TARGET GROUP: Children and Adolescents up to age 18.
REFERRAL: Alberta Social Services (child welfare; agreement is with guardian), Alberta Solicitor General (young offenders; open custody option).

PROGRAM DESCRIPTION: A community based residential program. Sex offenders are treated along with other disturbed youth; treatment is individualized. Assessment includes cognitive, behavioral and interpersonal assessments, with history, antecedents and consequences of sexual behaviour; knowledge of socio-sexual norms; quality of interpersonal relationships; social problem solving; attribution of sexually offending behaviour. Treatment modalities include: individual therapy with a psychologist; social competence development in a therapeutic milieu; group therapy; and sex education. Follow up continues for approximately one month. A general agency program evaluation is conducted through consumer satisfaction.

PROGRAM: Phoenix
ORGANIZATION: Wood's Homes
ADDRESS: 9400 — 48th Avenue N.W.
CALGARY, Alberta
T3B 2B2

TELEPHONE: (403) 247-6754

CONTACT PERSON: Peter Wittig, David Horricks

TARGET GROUP: Adolescent sexual offenders currently serving custody sentence. Participation is voluntary.

REFERRAL: Calgary Young Offenders Centre (CYOC; closed facility) and Strathmore Youth Development Centre (SYDC; open facility).

PROGRAM DESCRIPTION: Both inpatient and outpatient services are available, but this is primarily a residential inpatient program located on a campus setting (school and other units are located on campus as well). Assessment includes obtaining generic information and psychological assessment prior to admission (where possible); assessment interview. A psychiatrist attached to the program is available for assessments, as well as various clinicians and psychologists. Educational, family and individual assessments are also conducted. Treatment is undertaken on a structured positive peer culture basis, and includes major group work dealing with aspects such as: self-esteem, life skills, communication, sexuality, etc. Individual counselling is also provided through associated professionals. Family assessment and therapy are available where appropriate. Participation in school or vocational training is mandatory for clients. Behavioral, psychiatric and medical modalities are employed. A follow up component is in development; it is presently geared to the specific needs of individuals and is restricted due to budgetary considerations. Program evaluation is in the initial stages of development, with the intention of having it built in.

PROGRAM: Phoenix Program & Forensic Assessment and Community Services
ORGANIZATION: Alberta Hospital Edmonton
ADDRESS: P.O. Box 307
EDMONTON, Alberta
T5J 2J7

TELEPHONE: (403) 472-5555

CONTACT PERSON: Dr. L. Studer, Bill Hanec MSW

TARGET GROUP: Sexual offenders.
REFERRAL: Provincial and Federal Corrections, Probation, Parole, Courts, other agencies, physicians, self referral.

PROGRAM DESCRIPTION: Both an inpatient hospital based and an outpatient community based program are provided. Complete assessments are conducted including full psychiatric history with physical exam, neuropsychological testing, psychological assessment, social history, laboratory investigations, phalometric testing, occupational therapy assessment, etc. Group and individual therapies are provided. Treatment modalities include medications (when appropriate), behavioral therapies, cognitive therapies, and educational groups. Follow up is accomplished mainly through the outpatient department and is indefinite in length. Program evaluation is built in and includes ratings of parts of the program by patients.

PROGRAM: Sexual Offenders Program
ORGANIZATION: ARCH Psychological Services
ADDRESS: 39, Commonwealth Building
9912 — 106 Street
EDMONTON, Alberta
T5K 1C5

TELEPHONE: (403) 428-9223

CONTACT PERSON: Dr. Al Riediger

TARGET GROUP: All child sexual offenders.
REFERRAL: Through the Courts (pre-and post-sentence), community corrections, social services, community agencies, family and self-referral.

PROGRAM DESCRIPTION: A private practice, community based outpatient program offering services to incest offenders and extra-familial pedophiles, as well as adolescent sex offenders. There is an extensive assessment component. The predominant mode of treatment is psychotherapy in peer groups, individual psycho-therapy, relationship therapy in marital dyads and family therapy. Other treatment modalities include: behavioral orientation (non-aversive arousal conditioning) and social skills training. Special programs are offered for Native offenders. Training and consultation are provided to communities wanting to develop integrated child sexual assault programs. Follow up evaluation is offered for a period of one week to one month in a process of gradual ending. Once the file is closed however, there is no further follow up. No regulated program evaluation is in place.

PROGRAM:
ORGANIZATION: Baker Black Psychological Services
ADDRESS: 12323 — 113 Avenue
EDMONTON, Alberta
T5M 2W3

TELEPHONE: (403) 455-0393

CONTACT PERSON: Linda Baker

TARGET GROUP: All child sexual offenders, although clients tend mostly to be adolescents. Potentially dangerous offenders are excluded from treatment.
REFERRAL: Solicitor General (probation and corrections), Social Services, police, other agencies, self-referral.

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Individual and group therapy orientation is predominantly cognitive behavioral. Other treatment modalities include: psycho-drama, social skills training, anger control, and assertiveness training. No follow up is provided. No formal program evaluation has been conducted.

**PROGRAM:** Childrens Treatment Program
**ORGANIZATION:** Catholic Social Services Edmonton
**ADDRESS:** 11316 — 130 Avenue
EDMONTON, Alberta
T5E 0T5

**TELEPHONE:** (403) 454-8515

**CONTACT PERSON:** Don Storch, Director

**TARGET GROUP:** Children aged 4 — 12 and their families.
**REFERRAL:** Alberta Social Services.

**PROGRAM DESCRIPTION:** A community based residential program providing both assessment and treatment. Sexual offending children and those who are acting out sexually are treated, along with children experiencing other emotional and behavioral problems. Assessment includes: psychological and psychiatric assessment of the child and family members; learning assessment of the child; and a detailed social and legal history of the child. Treatment includes residential, group and individual therapy for the child, as well as family therapy. Follow up continues for three months after the child has been released from the program. Program evaluation is built-in, with a formal follow up every three to five years.

**PROGRAM:**
**ORGANIZATION:** Centre for Child and Adolescent Development
**ADDRESS:** #4, 10121 — 82 Avenue
EDMONTON, Alberta
T6E 1Z5

**TELEPHONE:** (403) 439-1933

**CONTACT PERSON:** John Sneep

**TARGET GROUP:** Adolescent sex offenders.
**REFERRAL:** Solicitor General, Alberta Social Services, and parents.

**PROGRAM DESCRIPTION:** A community based program providing both assessment and treatment. Generally treatment is conducted on an individual basis, together with family therapy. Individual therapy for the offenders is multimodal. Some of the modalities of focus are personal identity, sexual identity, and sex role socialization, social competence, and anger control. Follow-up is provided. In-service evaluation is conducted largely by peer-review which takes place every two weeks.

PROGRAM: Sexual Offender Programs
ORGANIZATION: Forensic Assessment and Community Service (F.A.C.S.)
ADDRESS: 12th Floor, Centennial Building
10015 — 103 Avenue
EDMONTON, Alberta
T5J 0H1

TELEPHONE: (403) 428-0455

CONTACT PERSON: Dr. Sheila Greer

TARGET GROUP: All child sexual offenders.
REFERRAL: Through the Courts (pre- and post-sentence), community corrections, social services, community agencies, family, and self-referral.

PROGRAM DESCRIPTION: A community based outpatient program offering services to both incest and extra-familial pedophiles. There is an extensive assessment component. The predominant mode of treatment is psychotherapy in peer groups, relationship therapy in marital dyads, and family therapy. Other treatment modalities include: behavioral orientation (non-aversive arousal conditioning), chemotherapy, social skills training, and vocational training. Follow-up evaluation is offered for a period of one week to one month in a process of gradual ending. Once the file is closed however, there is no further follow-up. No regulated program evaluation is in place.

**PROGRAM:**
**ORGANIZATION:** Group 5: Edmonton Sexual Abuse Treatment Centre
**ADDRESS:** #22, 10509 — 81 Avenue
EDMONTON, Alberta
T6E 1X7

**TELEPHONE:** (403) 432-1994

**CONTACT PERSON:** Debby Boddington

**TARGET GROUP:** Adult offenders of intrafamilial sexual abuse; adolescent offenders of intra- and extrafamilial sexual abuse; sexual abuse victims under the age of eighteen; non-offending parents. Both mandatory and voluntary clients are accepted.
**REFERRAL:** Child Welfare (70%), community, probation, self- referral.

**PROGRAM DESCRIPTION:** A community based outpatient, non-profit organization providing both assessment and treatment. Assessment includes: clinical histories, psychological assessments (including neuropsychological screening and risk assessment). Individual and group therapies are provided for adolescent and adult sexual offenders. Other treatment modalities include: a five week psychoeducational curriculum for adolescent offenders and their parents; dyadic and family therapy; and supportive counselling for parents of extrafamilial offenders. Follow up is conducted for up to two years after termination of treatment (bi-monthly for the first year and every four months thereafter). An independent program evaluation has been conducted by Dr. Joe Hornick (1977). As well there is ongoing evaluative research in the area of program effectiveness and child sexual abuse.

PROGRAM: Incest Family Treatment Program
ORGANIZATION: Institute of Psychology and Law
ADDRESS: Suite 720, Phipps-McKinnon Bldg.
10020 — 101A Avenue
EDMONTON, Alberta
T5J 3G2

TELEPHONE: (403) 424-0054

CONTACT PERSON: Dr. Rueben A. Lang, or Clinic Secretary

TARGET GROUP: Incest perpetrators, victims and other family members.
REFERRAL: Social Services, probation, Courts, police, hospitals (University of Alberta Hospital, General Pediatric Clinic).

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Assessment includes: standardized psychological evaluation of the perpetrator and family members; identification of other types of undisclosed sexual offences (intra- and extra-familial); formulation of a treatment plan; and consultation with the referral source. Treatment is multi-modal and addresses the specific needs and risks identified during the intake assessment. The focal aspects of the program include individual, family, group psychotherapy and counselling services. Added to this, interpersonal and social skills, anger and stress management, gestalt therapy, psychodrama, education in human sexuality and values, drug and alcohol monitoring, and many other specific skill building activities comprise the total milieu of the program. Treatment is conducted by qualified male-female therapist teams. Close follow up supervision is provided at one, two and five year intervals to prevent re-occurrence. Program evaluation is conducted through pre- and post-treatment evaluations including: sexual arousal patterns (plethysmograph); social skills; sexual knowledge; sex role attitudes; aggressive ideation and behaviour; internal versus external locus of control; attitude and empathy toward victims; emotional honesty; and degree of responsibility accepted for the offence and its consequences.

| | |
|---|---|
| PROGRAM: | Treatment Program for Adolescents Who Sexually Abuse |
| ORGANIZATION: | Institute of Psychology and Law |
| ADDRESS: | #720, Phipps-McKinnon Bldg.<br>10020 — 101A Avenue<br>EDMONTON, Alberta<br>T5J 3G2 |
| TELEPHONE: | (403) 424-0054 |
| CONTACT PERSON: | Dr. Reuben A. Lang, or Clinic Secretary |
| TARGET GROUP: | Male and female adolescents aged 13 — 17. |
| REFERRAL: | Social Services, hospitals, probation, self-referral, legal service personnel, other agencies. |
| PROGRAM DESCRIPTION: | This coed group, led by a male-female therapy team, provides information and education about sexuality, sexual behaviour, and values, giving adolescents the opportunity to develop healthy peer relationships. Goals include identifying reasons for inappropriate behaviour and taking responsibility for it, and learning to achieve a positive, integrated approach to sex. Family sessions, an integral part of the program, are also held. |

PROGRAM: Young Offender Assessment and Treatment Program
ORGANIZATION: Institute of Psychology and Law
ADDRESS: #720, Phipps-McKinnon Bldg.
10020 — 101A Avenue
EDMONTON, Alberta
T5J 4G2

TELEPHONE: (403) 424-0054

CONTACT PERSON: Dr. Reuben A. Lang, or Clinic Secretary

TARGET GROUP: Youth with mental and psychological disorders, emotional disturbances, behaviour problems, learning disabilities, and inappropriate sexual conduct.

REFERRAL: Family and Youth Court, probation, Social Services, community agencies, hospitals, other professionals, self-referral.

PROGRAM DESCRIPTION: A systematic psychological evaluation of the adolescent offender for Family and Youth Court, probation, social service and community agencies is provided. Following each evaluation, a wide variety of prevention, intervention and treatment strategies with male and female adolescent sex offenders, high risk youth, run away and homeless youth are available. A gender identity clinic has been established to assess and, when necessary, treat young offenders who show signs of a gender identity disturbance (i.e. fetishes; peeping through windows; exhibitionism; frottage). Also special counselling is available for homosexual or bisexual adolescents who encounter specific problems "coming out" to parents or peers. In general, the treatment approach is eclectic and may combine gestalt therapy, transactional analysis, psychodrama, rational emotive therapy and self management techniques. Offence-specific case management by qualified male-female therapist teams is an integral component of all phases of the therapeutic process. Treatment interventions focus on victim awareness, responsibility and empathy, anger and stress management, sex role expectation and stereotyping, social skill training, education in human sexuality and values, self-control strategies, and also victim counselling services. A combination of individual, group and peer group therapy approaches are integrated into the overall treatment philosophy. Specialists are available for consultation.

PROGRAM: Child Sexual Abuse Treatment Program
ORGANIZATION: Sexual Assault Centre of Edmonton
ADDRESS: #204, 10179 — 105 Street
EDMONTON, Alberta
T5J 1E2

TELEPHONE: (403) 423-4102

CONTACT PERSON: Jewell Merchant

TARGET GROUP: Adult and adolescent offenders who are connected to a family where the victim is receiving treatment and the family wants to remain involved with the offender. The offender must be suitable for in-community treatment. Participation may be mandated or voluntary.

REFERRAL: Alberta Social Services, Child Welfare, Attorney Generals Departments, self-referral.

PROGRAM DESCRIPTION: A community based program providing both assessment and treatment. Assessment includes: collateral information, formal psychological tests, and a personal interview. Risk of further abuse is also assessed. Individual therapy is geared toward helping the offender accept responsibility for his actions, developing victim empathy, and learning new coping strategies to reduce the risk of re-offending. Family therapy focuses on: defining the abusive pattern in the family; having the offender take responsibility for his abusive behaviour; and exploring ways for all family members to get their needs met within the family (when possible). Follow up is conducted through contacting the family after three months. At this time a client follow up evaluation form will be mailed out and returned to the agency. Families are invited to contact the agency at any time following discharge. Program evaluation has been conducted through a one-time study. Further research projects will hopefully be conducted in the future.

PROGRAM: Impulsive Management Program
ORGANIZATION: Edmonton John Howard Society
ADDRESS: 101 St. Apartments
11908 — 101 Street
EDMONTON, Alberta
T5G 2B8

TELEPHONE: (403) 471-4525

CONTACT PERSON: Albert Wong

TARGET GROUP: Adult offenders.
REFERRAL: Alberta Solicitor General, Correctional Services Canada.

PROGRAM DESCRIPTION: A community based residential centre providing both in- and out-patient services. Assessment is conducted prior to admittance to the program and is combined with an intake assessment. Two groups, the Anger Control Group and the Sex Offender Group, are under the Alternative Supervision Program. Program goals include: Recognition; Re-organization; and Re-establishment. Treatment components include: self-awareness, anger management, life management skills, constructive bargaining, life script, art therapy, dynamic group psychotherapy, social skills, relaxation, human sexuality, behavioral patterning, personal feedback, and reality therapy. Participation is voluntary. Follow-up is available in that there is no time restriction on duration of treatment. Program evaluation is built-in, utilizing feedback from referral sources and recidivism.

PROGRAM:
ORGANIZATION: Wurmann Wiedman Egan & Associates Ltd.
ADDRESS: #606, 10240 — 124 Street
EDMONTON, Alberta
T5N 3W6

TELEPHONE: (403) 482-7979

CONTACT PERSON: Doug Egan, Jan Wiedman

TARGET GROUP: Adult and adolescent sex offenders. Participation is mandatory through referral sources.
REFERRAL: Alberta Social Services, Alberta Solicitor General.

PROGRAM DESCRIPTION: A community based treatment program in a private agency providing comprehensive assessment and treatment. Assessment includes both psychological and psychosocial. Groups for both adults and adolescents are provided as well as individual and family therapy. Dyadic and marital therapies are also provided. Therapies are also offered for victims and their families. Follow up is undertaken through post-treatment support groups. No program evaluation has been conducted to date.

PROGRAM:
ORGANIZATION: Whole Life Counselling Ltd.
ADDRESS: Box 725
HIGH PRAIRIE, Alberta
T0G 1E0

TELEPHONE: (403) 523-3592

CONTACT PERSON: Charles R. Collett M.A. C.Psych.

TARGET GROUP: Both adult and adolescent child sexual offenders.
REFERRAL: Social Services, family, Solicitor General, physicians, self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Assessment includes psychological assessments. Treatment is done on an individual basis (due to the small population of the area). Individual psychotherapy is eclectic in approach, using predominantly psychodynamic and cognitive therapies as well as some behavioral. Family therapy is provided to deal with the relationships and dysfunctional systems and network in the family. Follow up is not built into the program, although it is available on a voluntary basis. No formal program evaluation has been conducted as yet.

**PROGRAM:** Sexual Abuser's Program
**ORGANIZATION:** Systemics Behavioral Services Ltd.
**ADDRESS:** #203. 5000 Gaetz Avenue
RED DEER, Alberta
T4N 6C2

**TELEPHONE:** (403) 347-1500

**CONTACT PERSON:** Mark Dimirsky, Brian Guthrie

**TARGET GROUP:** Abusers who have been convicted or plead guilty to sexual abuse.

**REFERRAL:** Child Welfare, Courts, Community Agencies, Self-Referral.

**PROGRAM DESCRIPTION:** A community based outpatient program providing both assessment and treatment. Assessment focuses on two issues: intrapsychic factors (affective, cognitive, behavioral), and environmental factors (systemic perspective). Treatment varies somewhat depending on the assessment results and includes: cognitive behavioral, behavioral, focused expressive psychotherapy, insight oriented based on psychodynamic orientation, and family therapy. If alcohol is an issue, offender must attend A.A. Three and six month follow ups are conducted; Child Welfare or the Courts also provide some follow up. No program evaluation has been conducted.

**PROGRAM:** Crawford Counselling Services Inc.
**ORGANIZATION:** Pat Crawford, Private Practice
**ADDRESS:** 4824 — 51 Street
RED DEER, Alberta
T5J 2J7

**TELEPHONE:** (403) 346-7610

**CONTACT PERSON:** Pat Crawford

**TARGET GROUP:** Individual offenders; families where sexual abuse has happened.

**REFERRAL:** Child Welfare (voluntary at first, then mandatory), jails (mandatory), probation services (mandatory).

**PROGRAM DESCRIPTION:** A private practice agency set in the community. Assessment is usually undertaken before referral. Both group and individual treatments are provided. This agency works on a Reconstructive Family Therapy Model (Hank Giarreto's). Follow-up is usually conducted after 18-24 months of treatment. No program evaluation has been undertaken.

## *BRITISH COLUMBIA*

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Correctional Services of Canada
ADDRESS: Regional Psychiatric Centre
P.O. Box 3000
ABBOTSFORD, British Columbia
V2S 4P4

TELEPHONE: (604) 683-7464

CONTACT PERSON: Carson Smiley, Luke Glancy

TARGET GROUP: Motivated adult sex offenders. Six additional places are available for offenders with extremely low IQs.
REFERRAL: Voluntary or referred from prison (mostly Federal, but sometimes Provincial).

PROGRAM DESCRIPTION: An inpatient treatment program operated out of an accredited Mental Hospital within a maximum security prison system. Outpatient services are also provided. Treatment orientation follows an interactionist model with biological treatment (cypertone acetate). Other treatment modalities include: insight-oriented group therapy, non-aversal arousal conditioning (behavioral therapy), assertiveness training, sociosexual education, sex education, stress management, communication skills, cognitive awareness, victim understanding, and crime cycle. Post release visits are offered to graduates. Graduates of the program are placed back into the parent institution. Where graduates are released back into the community, they are obliged to enter a community based program. Some follow-up is also provided by the nursing management staff. Program evaluation has been undertaken based on recidivism rates and using a double control study.

**PROGRAM:** Sex Offender Program
**ORGANIZATION:** District Correctional Services
**ADDRESS:** Abbotsford Outpatient Services
Regional Headquarters of the Correctional
Services of Canada
200, 33119 South Fraser Way
ABBOTSFORD, British Columbia
V2S 2C1

**TELEPHONE:** (604) 853-7781

**CONTACT PERSON:** Paul Jacks, District Director

**TARGET GROUP:** Federal parolees (having been sentenced two years and a day).
**REFERRAL:** Adult Federal Parole.

**PROGRAM DESCRIPTION:** Two outpatient programs serving the Lower Fraser Valley. Both assessment and treatment are provided. Group and individual treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community and includes cognitive-behavioral training. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. Ongoing supervision is provided in face-to-face interviews. Both formal and informal evaluations have been done.

**PROGRAM:** Sex Offender Awareness Program
**ORGANIZATION:** Mountain Institute
**ADDRESS:** Box 1200
AGASSIZ, British Columbia
V0M 1A0

**TELEPHONE:** (604) 796-2231, Local 409

**CONTACT PERSON:** Gerald Bourque

**TARGET GROUP:** Federal institution sex offenders. Exclusions include unmotivated and illiterate clients.
**REFERRAL:** Case management officers, Psychologist or self-referral of inmates.

**PROGRAM DESCRIPTION:** The institution provides one-to-one counselling dependent on time available to individual psychologists (X 4). They also perform Parole risk assessments and crisis management. The Institution also offers an awareness program aimed at educating sex offenders about their predilections. Family and couple counselling is facilitated on a limited basis where the need is most felt. Upon release inmates are followed up by Parole Officers and are involved in community based programs at the Parole Officers' discretion.

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Juvenile Services to The Courts
ADDRESS: 3405 Willingdon Avenue
BURNABY, British Columbia
V5G 3H4

TELEPHONE: (604) 660-5349

CONTACT PERSON: Fred Bannon, Director

TARGET GROUP: Young offenders.
REFERRAL: Courts, probation (participation is voluntary).

PROGRAM DESCRIPTION: A community based outpatient program; some treatment is also provided in the Juvenile Detention Centre. Assessment includes: routine psychiatric assessment, sexual functioning, family assessment, and a sexual physiological assessment (with consent). Treatment includes: group therapy; individual behavioral treatment; sexual education; empathy building; problem solving; social skills training; and family therapy. Program evaluation is built-in.

PROGRAM: Paraphilia Treatment Program
ORGANIZATION: Juvenile Services to the Courts Forensic Psychiatric Services
ADDRESS: 3405 Willingdon Avenue
BURNABY, British Columbia
V5G 3H4

TELEPHONE: (604) 660-5788 or 660-5786

CONTACT PERSON: Roy O'Shaughnessy

TARGET GROUP: Adult offenders (excluding from group only those child sex offenders with an IQ below 70, although some individual therapy may be provided).
REFERRAL: Through the courts, diversionary procedures or probation.

PROGRAM DESCRIPTION: An outpatient community based program offering assessment and treatment. Treatment orientation follows both a cognitive approach in group sessions, and a behavioral approach in individual therapy. Some anti-androgen (biological) treatment may also be given. Other treatment modalities include: social skills; sex education; stress management; communication skills; self-esteem enhancement, cognitive awareness; assertion training; and impulse control. Family therapy may also be provided. Some follow up is provided for local clients. Various program evaluations have been undertaken (recidivism rates), however no long term evaluation has been conducted.

PROGRAM: Upper Island Sex Offender Program
ORGANIZATION:
ADDRESS: Box 45
CAMPBELL RIVER, British Columbia
V9P 4Z9

TELEPHONE: (604) 935-6444 or 338-0311

CONTACT PERSON: Paul Kirmmse, Andrew Stringfellow

TARGET GROUP: Male adult and adolescent offenders (excluding extremely psychotic or mentally retarded).
REFERRAL: Courts, probation, parole, welfare, police, lawyers, and families.

PROGRAM DESCRIPTION:

A community based program offering several groups in Courtenay and Campbell River: pre-court individuals on bail; two large groups of men on probation; and a large adolescent sex offender group. Many offenders are assessed by forensics prior to being referred. This program also provides assessments for the Courts. The Upper Island Sex Offender Program was the first community based sex offender treatment program in Canada (established 1983). The treatment orientation is a group confrontation process in which offence autobiographies are written and re-written to accomplish absolute, detailed disclosure of the offence. Other approaches include: cognitive restructuring; impulse control; practicing appropriate sexual behaviour and observing all behaviour/impulse control rules; family therapy with a humanistic approach; as well as individual counselling. Follow up is difficult once probation is finished, however only two re-offences have occurred in 6 years. Program evaluation is measured by observation and recidivism rates. This program offers information workshops to the public and other professionals, as well as training.

* Two additional programs are offered: an adolescent sex offender program serving North Vancouver Island (Paul Kirmmse 754-3331), and a program serving adult and adolescent offenders, their victims and families in Nanaimo (Nanaimo Family Life Centre 754-3331).

PROGRAM: Sex Offender Program
ORGANIZATION: Correctional Services Canada
District Correctional Services
Chilliwack Outpatient Clinic
ADDRESS: 2nd Floor, 9300 Noel Street
CHILLIWACK, British Columbia
V2P 2M7

TELEPHONE: (604) 792-8646

CONTACT PERSON: Jim Homer, Area Manager

TARGET GROUP: Federal parolees, having been sentenced for at least two years and a day.
REFERRAL: Adult Federal Parole.

PROGRAM DESCRIPTION: An outpatient program providing assessment, individual and group treatment for all child sexual offenders. Treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community in addition to cognitive-behavioral therapy. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. On-going supervision is provided in face-to-face interviews. Both formal and informal evaluations have been conducted.

PROGRAM: Sex Offender Program
ORGANIZATION: Dr. K. Murray and Associates
ADDRESS: Suite 208, 8425 — 120th Street
DELTA, British Columbia
V4G 6R2

TELEPHONE: (604) 590-4211

CONTACT PERSON: Dr. Ken Murray, Clinical Psychologist

TARGET GROUP: Both adult and adolescent sex offenders, with a primary focus of intrafamilial abusers.
REFERRAL: Legal professions.

PROGRAM DESCRIPTION: An outpatient service with assessment and treatment components (phallometric measures are utilized). Individual therapy with a cognitive-behavioral orientation is offered, along with family and conjoint therapy. Training sessions include: social skills, life skills, assertiveness training. Follow-up is not generally provided. No program evaluation has been done.

PROGRAM: Sex Offender Program
ORGANIZATION: Correctional Services Canada
Kamloops Parole Office
ADDRESS: Suite 590, 175 — 2nd Avenue
KAMLOOPS, British Columbia
V2C 5W1

TELEPHONE: (604) 374-6901

CONTACT PERSON: Jim Bartlett, Area Manager

TARGET GROUP: Federal parolees, having been sentenced for at least two years and a day.
REFERRAL: Adult Federal Parole.

PROGRAM DESCRIPTION: An outpatient program providing assessment, individual and group treatment for all child sexual offenders. Treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community in addition to cognitive-behavioral therapy. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. On-going supervision is provided in face-to-face interviews. Both formal and informal program evaluations have been conducted.

PROGRAM: Kamloops Sex Offender Group Treatment Program (Provincial)
ORGANIZATION: The John Howard Society, Thompson Region
ADDRESS: 4, 375 — 4th Avenue
KAMLOOPS, British Columbia
V2C 3P1

TELEPHONE: (604) 828-1313

CONTACT PERSON: Fred Madryga

TARGET GROUP: Adult and adolescent groups, excluding violent offenders.
REFERRAL: Probation, provincial corrections, and family court.

PROGRAM DESCRIPTION: An outpatient community based program (including incarcerated clients on temporary absence passes from provincial correctional centres). Assessment and treatment components are offered. Treatment includes both individual and group therapies with a predominantly behavioral-cognitive orientation (covert-sensitization, deviant/crime cycle, re-entry planning, sex education, relaxation training, victim-empathy skills, assertiveness training). Follow up is conducted through probation every six months, as well as voluntary return for graduates. Evaluation is conducted by the Provincial Correctional Services with periodic use of the multiphasic inventory.

PROGRAM: Kamloops Sex Offender Group Treatment Program (Federal)
ORGANIZATION:
ADDRESS: Suite 2, 166 Oriole Road
KAMLOOPS, British Columbia
V2C 4N2

TELEPHONE: (604) 828-1313

CONTACT PERSON: Fred Madryga

TARGET GROUP: Child sex offenders serving sentences longer that two years (including violent offenders).
REFERRAL: Parole.

PROGRAM DESCRIPTION: A community based outpatient program with an assessment component. Treatment includes both individual and group counselling. Treatment orientation is cognitive-behavioral utilizing covert sensitization, crime cycle, re-entry planning, sex education, relaxation training, victim-empathy skills, and assertiveness training. No follow-up is provided. Program evaluation is conducted by Federal Corrections using the multiphasic inventory, as well as via a peer-review process. Training workshops on the treatment of the child sex offender are offered.

PROGRAM:
ORGANIZATION: Dr. Fred Madryga
ADDRESS: #2, 166 Oriole Road
KAMLOOPS, British Columbia
V2C 4N7

TELEPHONE: (604) 372-3433

CONTACT PERSON: Dr. Fred Madryga

TARGET GROUP: All adult and adolescent child sexual offenders.
REFERRAL: Voluntary.

PROGRAM DESCRIPTION: A private practice outpatient service providing both assessment and treatment. Group therapy and individual counselling are offered. Treatment orientation is cognitive behavioral with a confrontative approach. Other areas of treatment focus on social skills, sex education, cognitive awareness, and crime cycles.

PROGRAM: Kelowna Sex Offender Program
ORGANIZATION: Okanagan Psychological Services
ADDRESS: #102, 475 Groves Avenue
KELOWNA, British Columbia
V1Y 4Y6

TELEPHONE: (604) 762-2525

CONTACT PERSON: Gary Lea, Leonard Stein

TARGET GROUP: Mainly adult child sexual offenders, although some adolescent and other sex offenders are seen as well. Participation is generally court ordered.

REFERRAL: Pre-court, court ordered, Probation, Parole, lawyers, other agencies and practitioners.

PROGRAM DESCRIPTION: A private practice offering both group and individual therapies. Treatment orientation is cognitive behavioral. Training sessions include: social skills, sex education, stress management, communication skills, self-esteem enhancement, and assertiveness training. Couples and family therapy may also be provided. Follow up is provided approximately every six months. No program evaluation has been conducted.

PROGRAM: Link Residence
ORGANIZATION: The Salvation Army House of Concord
ADDRESS: 8475 — 200th Street
P.O. Box 3280
LANGLEY, British Columbia
V3A 4R6

TELEPHONE: (604) 888-0706

CONTACT PERSON: Mr. Ron Hopkins

TARGET GROUP: Young male offenders aged 13 to 18 years.

REFERRAL: Juvenile Services to the Courts (under probationary orders for treatment and attendance). Offenders must also have voluntarily agreed to treatment.

PROGRAM DESCRIPTION: A residential group home providing treatment only. Assessment is done by court agencies before placement and referral to the program. Both group and intensive one-to-one counselling are provided. Treatment modalities include: problem solving, social skills training, personal living skills, goal planning and personal case management (integrated with court services providing psychiatric/psychological treatment). Follow up is not conducted. Program evaluation is built into the program through progress reports, behaviour check-lists, informal field reports, and comparative evaluation with other programs.

PROGRAM: Sex Offender Assessment and Treatment Program
ORGANIZATION: Stave Lake Correctional Centre
British Columbia Forensic Services Commission
ADDRESS: Box 1000
MAPLE RIDGE, British Columbia
V2X 7G4

TELEPHONE: (604) 462-7233 or 660-6604

CONTACT PERSON: Ron LaTorre, Brenda McIntyre, Conrad Bowden

TARGET GROUP: Provincially institutionalized child sexual offenders.
REFERRAL: Classification is mandatory; participation is voluntary.

PROGRAM DESCRIPTION: An institutional setting (jail) which provides both assessment and treatment. Assessment is conducted by a psychologist. Treatment orientation is cognitive therapy with crisis intervention. Other modalities include: behavioral therapies, social skills training, sex education, stress management, self-esteem enhancement, cognitive awareness, assertiveness training and couples and family counselling. Follow-up is provided by referring offenders to community based programs. There is currently a program evaluation under way.

PROGRAM: Sex Offender Program
ORGANIZATION: Correctional Services Canada
Prince George Parole
ADDRESS: 804, 550 Victoria Street
PRINCE GEORGE, British Columbia
V2L 2K1

TELEPHONE: (604) 561-5014

CONTACT PERSON: Brian Lang, Area Manager

TARGET GROUP: Federal parolees, having been sentenced for at least two years and a day.
REFERRAL: Adult Federal Parole.

PROGRAM DESCRIPTION: Two outpatient programs providing assessment, group and individual therapy for all child sexual offenders. Treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community in addition to cognitive-behavioral therapy. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. On-going supervision is provided in face-to-face interviews. Both formal and informal program evaluations have been conducted.

PROGRAM:
ORGANIZATION: England & Associates
ADDRESS: Box 2616
PRINCE GEORGE, British Columbia
V2N 4T5

TELEPHONE: (604) 562-1234

CONTACT PERSON: Dr. Gordon England Ph.D.

TARGET GROUP: All sexual offenders. Participation is voluntary.
REFERRAL: Federal and Provincial Parole and Probation, pre-court, court ordered, lawyers, self-referral, doctors, and other agencies.

PROGRAM DESCRIPTION: A private practice providing individual and group therapy. Treatment orientation is largely behavioral. Other modes of treatment include: cognitive therapies, social skills training, stress management, anger management, communication skills, self-esteem enhancement, covert sensitization, assertiveness training, stimulus control, and escape and avoidance conditioning. No follow up is provided once parole has terminated. No formal program evaluation has been conducted.

PROGRAM: Young Offenders Act (YOA) Services
ORGANIZATION: Prince George Mental Health Centre
ADDRESS: 1444 Edmonton Street
PRINCE GEORGE, British Columbia
V2M 6W5

TELEPHONE: (604) 565-7300

CONTACT PERSON: Patrick Storey, Bruce Northey

TARGET GROUP: Adolescent pedophiles.
REFERRAL: Courts, probation, juvenile services to the court. Participation is voluntary.

PROGRAM DESCRIPTION: Treatment orientation is psycho-therapeutic individual counselling focusing on areas such as problem solving. Some family therapy is available, depending on the willingness of the family to participate. Training sessions include social skills and self-esteem enhancement. Some follow-up is provided but not in every case. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: Prince George Regional Correctional Centre
ADDRESS: Box 4300
PRINCE GEORGE, British Columbia
V2L 5J9

TELEPHONE: (604) 562-6421

CONTACT PERSON: Gerry Miller, Dr. Gordon England

TARGET GROUP: Most sexual offenders.
REFERRAL: Through the Courts on a volunteer basis.

PROGRAM DESCRIPTION: A Correctional based program providing individual therapy only. Treatment orientation takes an interventionist approach which is largely behavioral. Treatment includes: cognitive therapy, social skills training, stress management, communication skills, self-esteem enhancement, assertiveness training, stimulus control, and covert sensitization. No follow-up is provided once parole is complete. No formal program evaluation has been conducted.

PROGRAM: Individual Counselling
ORGANIZATION: Prince Rupert Regional Hospital
ADDRESS: 1335 Summit Avenue
PRINCE RUPERT, British Columbia
V8J 4L2

TELEPHONE: (604) 624-4635 or 624-2171, local 291

CONTACT PERSON: Janet I. Whiteley

TARGET GROUP: Male and/or female offenders.
REFERRAL: Physicians (many times instigated by lawyers or offenders).

PROGRAM DESCRIPTION: A hospital based outpatient program providing both assessment and treatment. Assessment includes sexual attitudes testing; personality testing; history — including medical, family, psychiatric, personal/developmental, behavioral, cognitive, etc. Treatment modalities include: acknowledgement and responsibility for the offence, restitution, sensitization to behaviors, development of appropriate modes of self-expression, need gratification and impulse management. Follow up is conducted by requesting that clients return after three and six months after discharge. No program evaluation has been conducted.

PROGRAM: Abbotsford Parole Community Sex Offender Program
ORGANIZATION: Dr. Claude de Martino
ADDRESS: Box 1965
SQUAMISH, British Columbia
V0N 3G0

TELEPHONE: (604) 892-2276

CONTACT PERSON: Claude De Martino Ph.D.

TARGET GROUP: Adult sex offenders.
REFERRAL: Federal parole (mandatory, day or full).

PROGRAM DESCRIPTION: An outpatient program providing both assessment and treatment. Both individual and group therapy are offered with a cognitive-behavioral orientation. Other modalities utilized are social skills training, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, assertiveness training, covert sensitization, crime cycle awareness, and heterosexual counter conditioning. No follow-up is provided after release. Some program evaluation has been conducted.

PROGRAM: Young Offenders Act (YOA) Services
ORGANIZATION: Squamish Mental Health Services
ADDRESS: Box 2199
SQUAMISH, British Columbia
V0N 3G0

TELEPHONE: (604) 892-9215

CONTACT PERSON: Dr. Claude De Martino

TARGET GROUP: Adolescent offenders.
REFERRAL: Through the courts, probation, or other court related.

PROGRAM DESCRIPTION: An outpatient program providing both assessment and therapy. Individual counselling offered with a cognitive-behavioral treatment orientation. Other treatment components include: social skills, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, assertiveness training, covert sensitization, crime cycle awareness, and heterosexual counter conditioning. Little follow-up is provided after the probation period has expired. An informal program evaluation takes place on an ongoing basis.

PROGRAM: Teenage Sex Offender Program
ORGANIZATION: Surrey Mental Health Clinic
ADDRESS: 14275 — 56th Avenue
SURREY, British Columbia
V3W 1J1

TELEPHONE: (604) 594-7521

CONTACT PERSON: Mary Ann Carter, Conrad Bowden

TARGET GROUP: Adolescent child sexual offenders, excluding only youths prone to excessive hostility or denial.
REFERRAL: Probation.

PROGRAM DESCRIPTION: An outpatient program with both assessment and treatment components. Individual and group counselling are offered. Treatment orientation is cognitive-behavioral, utilizing confrontational approaches and reality therapy. Family therapy is also extensively provided. Training sessions include: social skills, sex education, communication skills, self-esteem enhancement, and cognitive awareness. Some unstructured follow-up is provided. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: C. Bowden, Clinical Psychologist
ADDRESS: Suite 355, 2184 West Broadway
VANCOUVER, British Columbia
V6K 2E1

TELEPHONE: (604) 732-3388

CONTACT PERSON: Conrad Bowden

TARGET GROUP: Adult and adolescent child sexual offenders. Participation is voluntary. Individuals must be motivated and must acknowledge their offence.
REFERRAL: Mainly from lawyers and other psychologists.

PROGRAM DESCRIPTION: A private practice providing both assessment and individual therapy. Assessment includes physiological measures. Treatment orientation is predominantly behavioral using aversive conditioning. Other treatment methods include social skills training and some family and marital work. No follow up is provided. No program evaluation has been conducted. A publication focusing on plethysmograph assessment of pedophiles is available.

PROGRAM:
ORGANIZATION: Colby, Gallagher, & Associates
ADDRESS: #1216, 808 Nelson Street
VANCOUVER, British Columbia
V6Z 2H2

TELEPHONE: (604) 684-4494

CONTACT PERSON: Robert L. Colby, Bonnie Gallagher

TARGET GROUP: All child sexual offenders.
REFERRAL: Provincial and Federal Probation and Parole, courts, Ministry of Social Services and Housing, Attorney General, Solicitor General, RCMP, Health and Welfare Canada, Indian Affairs.

PROGRAM DESCRIPTION: A private practice providing psychological services for both assessment and treatment. Group and individual therapies are offered. Treatment orientation is cognitive behavioral with a confrontative approach. Other treatment modalities include: social skills training, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. Follow up is provided, but depends largely on the contract. An evaluation has been conducted using recidivism rates of intrafamilial abusers only (based on victim reports).

PROGRAM: Sex Offender Program
ORGANIZATION: Correctional Services Canada
Vancouver Parole
ADDRESS: 594 East 15th Avenue
VANCOUVER, British Columbia
V5T 2R5

TELEPHONE: (604) 666-3731

CONTACT PERSON: Roland Bishop, District Director

TARGET GROUP: Federal parolees, having been sentenced for at least two years and a day.
REFERRAL: Adult Federal Parole.

PROGRAM DESCRIPTION: Four outpatient programs providing assessment, group and individual therapy for all child sexual offenders. Treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community in addition to cognitive-behavioral therapy. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. On-going supervision is provided in face-to-face interviews. Both formal and informal program evaluations have been conducted.

PROGRAM:
ORGANIZATION: Dr. D. Eaves
ADDRESS: #1110, 750 West Broadway
VANCOUVER, British Columbia
V5Z 1J1

TELEPHONE: (604) 873-5620

CONTACT PERSON: Dr. Derek Eaves

TARGET GROUP: All child sexual offenders, although the main focus of treatment is with adults.
REFERRAL: General practitioners, lawyers, court ordered, pre-court, probation, parole, self-referral.

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Treatment orientation is predominantly cognitive behavioral. Individual and group therapies are offered. Other treatment modalities include: biological therapy, family therapy, sex education, cognitive awareness, assertiveness training, and behavioral control. Some follow up is provided at varying intervals (three to six months). No program evaluation has been undertaken.

PROGRAM:
ORGANIZATION: Michael Elterman
ADDRESS: #302, 3641 West 28th Avenue
VANCOUVER, British Columbia
V6S 1S3

TELEPHONE: (604) 222-4057

CONTACT PERSON: Michael Elterman

TARGET GROUP: Adult and adolescent child sexual offenders, excluding those who are significantly retarded. Participation is voluntary.
REFERRAL: Social Services, lawyers.

PROGRAM DESCRIPTION: A private practice providing both assessment and individual therapy. Treatment orientation is cognitive behavioral and includes: social skills training, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. Couples and family therapy are also provided. Follow up is conducted approximately every three months. No program evaluation has been undertaken.

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Forensic Psychiatric Services
Adult Outpatient Clinic
ADDRESS: 307 West Broadway
VANCOUVER, British Columbia
V5Y 1P8

TELEPHONE: (604) 660-6604

CONTACT PERSON: Ron LaTorre, Maureen DiStasio

TARGET GROUP: Adult sex offenders.
REFERRAL: Through court orders, parole or probation.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Treatment orientation is a cognitive-confrontive approach with drug and crisis intervention. Both individual and group counselling are offered. Forensic Services currently conducts 20 groups throughout the province. Other treatment modalities include: social skills training, sex education, stress management, self-esteem enhancement, cognitive awareness, and hygiene training. Some couples and family therapy is available. Follow-up is provided until the expiration of the probation or parole order, although clients may remain on a voluntary basis. Program evaluation is presently being researched.

PROGRAM:
ORGANIZATION: Earl Goldstein, Clinical Social Worker
ADDRESS: 108A, 1093 West Broadway
VANCOUVER, British Columbia
V6H 1E2

TELEPHONE: (604) 738-2177

CONTACT PERSON: Earl Goldstein

TARGET GROUP: Adult and adolescent incest offenders (extra-familial child sexual offenders will also be seen). Participation is voluntary. Potentially violent child molesters or those with drug or alcohol addictions are excluded from treatment.
REFERRAL: General practitioners.

PROGRAM DESCRIPTION: A private practice providing individual therapy. Treatment orientation follows confrontational, cognitive behavioral and psychodynamic approaches. Couples and family therapy may also be provided. No follow up is done. No program evaluation has be conducted.

PROGRAM:
ORGANIZATION: Dr. Ron Latorre, Clinical Psychologist
ADDRESS: #11, 1870 Yew Street
VANCOUVER, British Columbia
V6K 3G2

TELEPHONE: (604) 733-1876

CONTACT PERSON: Dr. Ron LaTorre

TARGET GROUP: Adult sexual offenders, excluding those with brain damage or psychiatric illnesses.
REFERRAL: Lawyers, other psychologists, self-referral.

PROGRAM DESCRIPTION: A private practice providing individual and group therapy. Treatment orientation is cognitive behavioral. Couples and family therapy are also provided. Other treatment methods include: social skills training, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, assertiveness training, covert sensitization, and behavioral skills. Follow up is provided. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: John Napier-Hemy
ADDRESS: #1870 Bayswater Street
VANCOUVER, British Columbia
V6K 4A4

TELEPHONE: (604) 733-7455

CONTACT PERSON: John Napier-Hemy

TARGET GROUP: Adult sex offenders, excluding extra-familial offenders or those with violence in their offence history. Adolescent sex offenders (extra- and intrafamilial) will also be treated.
REFERRAL: Social Services, police, lawyers, self-referral.

PROGRAM DESCRIPTION: A private practice providing individual treatment only. Treatment orientation is psychodynamic therapy using a predominantly cognitive behavioral model with a confrontational approach. Couples and family therapy may also be provided. Other treatment methods include sex education and sex abuse education. No follow up is provided. No program evaluation takes place.

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| PROGRAM: | |
| ORGANIZATION: | Posthuma, Wydra, & Wild |
| ADDRESS: | 1904 Arbutus Street<br>VANCOUVER, British Columbia<br>V6J 3X7 |
| TELEPHONE: | (604) 733-4321 |
| CONTACT PERSON: | Alina Wydra |
| TARGET GROUP: | All child sexual offenders. |
| REFERRAL: | Pre-court, court ordered, probation, parole, self-referral. |
| PROGRAM DESCRIPTION: | A private practice providing both assessment and treatment. Individual and group therapy are offered. Treatment is individually oriented, but tends to focus on cognitive behavioral approaches. Couples therapy is also provided, as well as training sessions in social skills, sex education, self-esteem enhancement, cognitive awareness, and deviant sexual impulse control. |

| | |
|---|---|
| PROGRAM: | Sex Offender Program |
| ORGANIZATION: | South East Supervision Unit |
| ADDRESS: | 8982 Hudson Street<br>VANCOUVER, British Columbia<br>V6P 4N4 |
| TELEPHONE: | (604) 660-1852 |
| CONTACT PERSON: | Ken Leinweber, Probation Officer; Neil McKenzie, Probation Officer; Karl M. Williams, Psychologist |
| TARGET GROUP: | All adult and adolescent child sex offenders. |
| REFERRAL: | Through the Courts, probation and parole. |
| PROGRAM DESCRIPTION: | A probation/parole supervision and control program with a treatment component set on the grounds of an institution, serving the lower mainland area. Treatment orientation follows a behavioral supervision model and includes confrontational and cognitive approaches. Other modalities include social skills and self-enhancement training. No mandated follow-up is provided, although graduates are given additional information for seeking help when needed. A descriptive program evaluation has been done. |

PROGRAM: Sex Offender Program
ORGANIZATION: Vancouver Parole Board
ADDRESS: 594 East 15th Avenue
VANCOUVER, British Columbia
V5T 2R5

TELEPHONE: (604) 666-3731

CONTACT PERSON: Grant Thomas, Ken Murray

TARGET GROUP: Federal parolees either on day parole, full parole or mandatory supervision.
REFERRAL:

PROGRAM DESCRIPTION: An outpatient service providing assessment, surveillance, therapy, and an educational component. Treatment orientation is predominantly cognitive-behavioral, including: empathy building, techniques of interrupting deviant thought patterns, life skills, cognitive restructuring, communication skills, alternate ways of dealing with stress, the offender's own victimization, and the cycle of re-offence. Both individual and group therapy are provided. No follow-up is provided after the parole term has expired, however some parolees have requested and granted further therapy. The program is in the process of developing an ongoing self-evaluation component.

PROGRAM:
ORGANIZATION: R.J. Maddess Psychological Service
ADDRESS: 4100 — 27th Avenue
Box 1207
VERNON, British Columbia
V1T 6N6

TELEPHONE: (604) 549-1029

CONTACT PERSON: Ralph Maddess, Lola Svenson

TARGET GROUP: Adult child sexual offenders. Participation is voluntary. Those who persistently deny the offence are excluded from treatment.

REFERRAL:

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Individual therapy is offered; group processes are currently being implemented. Treatment orientation is cognitive behavioral, with psycho-dynamic approaches. Training sessions include: social skills, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. Couples and families may also be involved in treatment. Follow up is provided by the referring agency. No formal program evaluation has been conducted.

PROGRAM:
ORGANIZATION: Dr. Leonard Stein, Clinical Psychologist
ADDRESS: #201, 3307 — 32nd Avenue
VERNON, British Columbia
V1T 2M7

TELEPHONE: (604) 549-1633

CONTACT PERSON: Dr. Leonard Stein

TARGET GROUP: All adult child sexual offenders. Severely mentally retarded and psychotic individuals are excluded.

REFERRAL: Forensic services, lawyers, family physicians, pre-court, court ordered, probation, parole, self-referral.

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Individual and group therapy are offered. Treatment orientation is cognitive behavioral and includes: social skills training, sex education, stress management, communication skills, cognitive awareness, assertiveness training, and crime cycles. Follow up depends upon the legal status of the client. No program evaluation has been conducted to date.

PROGRAM:
ORGANIZATION: Vernon Forensic Clinic
ADDRESS: Box 1207
VERNON, British Columbia
V1T 6N6

TELEPHONE: (604) 549-1029

CONTACT PERSON: Ralph Maddess

TARGET GROUP: Adult child sexual abusers. Participation is voluntary. Those who persistently deny the offence are excluded.

REFERRAL: Through the courts, probation and parole.

PROGRAM DESCRIPTION: An outpatient program providing individual therapy only at this time. Treatment orientation is cognitive behavioral with pyschodynamic approaches. Couples and family therapy are also provided, along with social skills, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. No follow-up is provided. Program evaluation has not been undertaken.

PROGRAM: Sex Offender Program
ORGANIZATION: Correctional Services Canada
Victoria Parole
ADDRESS: Room 323, Customs House
816 Government Street
VICTORIA, British Columbia
V8W 1W9

TELEPHONE: (604) 388-3267

CONTACT PERSON: Bob Brown, District Director

TARGET GROUP: Federal parolees, having been sentenced for at least two years and a day.
REFERRAL: Adult Federal Parole.

PROGRAM DESCRIPTION: Two outpatient programs providing assessment, group and individual therapy for all child sexual offenders. Treatment orientation is fundamentally a control and monitoring of the offenders' activities in the community in addition to cognitive-behavioral therapy. Training sessions include: communication skills, self-esteem enhancement, cognitive awareness, and impulse control. On-going supervision is provided in face-to-face interviews. Both formal and informal program evaluations have been conducted.

PROGRAM: Sex Offender Group Program
ORGANIZATION: Forensic Psychiatric Services
Adult Outpatient Clinic
ADDRESS: 946 Meares Street
VICTORIA, British Columbia
V8V 3J4

TELEPHONE: (604) 387-1465

CONTACT PERSON: Graham Mills

TARGET GROUP: Adult child sexual offenders.
REFERRAL: Probation or pre-court diversionary measures.

PROGRAM DESCRIPTION: A community based outpatient program with both assessment and treatment components. Individual and group counselling are offered with a cognitive treatment orientation. Families may also be involved in treatment. Training sessions include: stress management, communication skills, self-esteem enhancement, cognitive awareness, marital rehabilitation, and assertiveness training. No follow-up is provided at present. Program evaluation is based on subjective reports, and comparison groups (other sex offender programs within B.C. Forensic Services).

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Forensic Psychiatric Services
Juvenile Services to the Courts
ADDRESS: 946 Meares Street
VICTORIA, British Columbia
V8V 3J4

TELEPHONE: (604) 387-1465

CONTACT PERSON: Phil Bonneau, Louis Sutker

TARGET GROUP: Adolescent child sexual offenders.
REFERRAL: Through the courts, probation, crown, and pre-court diversion processes.

PROGRAM DESCRIPTION: A community based outpatient program providing assessment and treatment components. Both individual and group therapies are offered. Treatment orientation is cognitive behavioral, with drug counselling and psychodynamic approaches. Couples and families may also be involved in treatment. Other modalities include: social skills, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. No follow-up or program evaluation have yet been introduced.

PROGRAM:
ORGANIZATION: Jack Ledger House
ADDRESS: 2400 Arbutus Road
VICTORIA, British Columbia
V8N 1V7

TELEPHONE: (604) 477-1826

CONTACT PERSON: Arnold Cohen

TARGET GROUP: Child and adolescent offenders. Exclusions include: youth who are mentally retarded; those unwilling to participate; and those who have no guardian or parent figure.
REFERRAL: Courts, psychiatrists, physicians, school counsellors, other community agencies, and the family. Participation is voluntary.

PROGRAM DESCRIPTION: An inpatient community based program, although outpatient services are also provided. Both individual and group treatment, as well as family involvement, are offered. Although treatment is eclectic, the orientation is holistic in approach, integrating: cognitive-behavioral; occupational therapy; education component; training for families; self-victimization; play, drama, dance, music and art therapies; and social skills training. For outpatients, crisis intervention may also be offered for short periods. Follow up is provided for approximately eight weeks after release. An evaluation component has been incorporated into the program, however results are not available as yet.

PROGRAM:
ORGANIZATION: Louis W. Sutker
ADDRESS: 1135 B McClure Street
VICTORIA, British Columbia
V8V 3G3

TELEPHONE: (604) 388-5826

CONTACT PERSON: Louis Sutker

TARGET GROUP: Adult and adolescent child sexual offenders.
REFERRAL: Courts, probation.

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Individual and group treatment orientation follows cognitive behavioral and psychodynamic approaches. Training sessions include: social skills, sex education, stress management, communication skills, self-esteem enhancement, cognitive awareness, and assertiveness training. Couples and families may also be involved in treatment. Follow up is provided monthly for three months, and then once every three months for one year. No formal program evaluation has been conducted.

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Victoria Parole Office
ADDRESS: #323, 816 Government Street
VICTORIA, British Columbia
V8W 1W9

TELEPHONE: (604) 388-3267 or 595-5263

CONTACT PERSON: Bob Brown, Clifford Ridley

TARGET GROUP: Adult child sexual offenders (on day parole or mandatory supervision).
REFERRAL: Federal parole.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Both individual and group therapies are utilized. Treatment orientation is eclectic, and includes: psychodynamic processes, couples counselling, family therapy, social skills, communication skills, and cognitive awareness. Follow-up is provided until the offender's warrant expires (about one year). Program evaluation using recidivism rates has been undertaken.

## *MANITOBA*

PROGRAM: Fresh Start Adult Sex Offender Treatment Program
ORGANIZATION: Child and Family Services of Western Manitoba
ADDRESS: 340 — 9th Street
BRANDON, Manitoba
R7A 6C2

TELEPHONE: (204) 725-0892

CONTACT PERSON: Dave Reed (& Kerry Skinner 726-7597)

TARGET GROUP: Sexual offenders against children (and as space permits, any sexual offender).
REFERRAL: Probation, parole, jails, lawyers, police, child welfare agencies.

PROGRAM DESCRIPTION: A community based outpatient program providing assessment in the form of individual interviews. Criteria for admission to the program includes: at least dull-normal IQ; stable living and working pattern; no visible psychotic behaviour; any alcohol or drug abuse problems must be under control; and the spouse, if any, must join the spouse's group. The main treatment modality is group discussion of relevant topics. The maintenance of a journal is required of all participants. Separate individual counselling is arranged with other agencies for alcohol and drug addiction, sex therapy, and marital therapy. Covert sensitization is used in some cases. Concurrent groups for spouses are run. No satisfactory follow up component has as yet been developed. An evaluation tool has been developed based on the group members' performance in the group and in the community. Evaluations are done quarterly and are the basis for graduation.

PROGRAM: Sex Offender Treatment Group
ORGANIZATION: Community and Youth Corrections
ADDRESS: 510 Main Street North
DAUPHIN, Manitoba
R7N 1C9

TELEPHONE: (204) 638-5235

CONTACT PERSON: Nina Bilun, Probation Officer

TARGET GROUP: Adult male sex offenders (over 18).
REFERRAL: Probation. Participation is mandatory as a condition of a probation order. Some attend from the Dauphin Jail and usually have probation to follow.

PROGRAM DESCRIPTION: A community based program providing both assessment and treatment. Assessment includes: outlining family background, sexual history, current sexual practices, attitudes on sexuality, etc. Also included is information from police reports, child welfare, and jail. Treatment includes expecting the offender to disclose about the offence and develop a control plan. Offenders are educated about human sexuality and victimization. A fair amount of time is spent on values, attitudes towards women/men, and cognitive restructuring to deal with rationalizations. Treatment also involves self-image and assertiveness training. Videos are also used, and speakers may be brought in to discuss such issues as alcohol/drug abuse. No follow up is conducted, however, offenders are encouraged to maintain contact if they need assistance. Other than an end of year report, no program evaluation is conducted.

PROGRAM: Headingley Correctional Institution
ORGANIZATION: Manitoba Attorney General
ADDRESS: P.O. Box 130
HEADINGLEY, Manitoba
R0H 0J0

TELEPHONE: (204) 837-1351

CONTACT PERSON: Dr. R.E. Smith

TARGET GROUP: Sentenced sexual offenders (predominantly adult males).
REFERRAL: Courts, Institutional Counsellors (participation in the treatment program is voluntary).

PROGRAM DESCRIPTION: A program situated in a Provincial jail providing both assessment and treatment. Assessment includes personality and attitude components. A behavioral component, including a behavioral sex lab assessment is due to come on line in mid 1989. The program uses a wide range of treatment components in both individual and group formats. Core relapse prevention is the primary organizational model with other specific group modules designed to address specific problem areas. By mid 1989 an aversive conditioning module will be added to the program. No follow up is provided at this time. Program evaluation is built-in as part of the treatment process as ongoing assessments are conducted.

PROGRAM: Adolescent Sexual Offenders Group
ORGANIZATION: Attorney General: Community and Youth Corrections
ADDRESS: North District Probation Service
77-A Redwood Avenue
WINNIPEG, Manitoba
R2W 5J5

TELEPHONE: (204) 945-7186

CONTACT PERSON: Mildred Cheslock

TARGET GROUP: Adolescent and young adult (12 — 20 years of age) male sexual offenders.
REFERRAL: Court ordered, probation, some Alternative Measures. Participation is mandatory.

PROGRAM DESCRIPTION: A community based program situated in a probation office providing both assessment and treatment. Assessment includes interviews with the offender, referring worker, and parent/guardian, and social history. Offenders are asked to disclose in detail the nature of the offence and must acknowledge accountability/responsibility for it. Treatment approaches include: cognitive restructuring, reality therapy, and aversion therapy. The group program includes: sex education, social skills training, assertiveness training, cognitive restructuring, covert sensitization, sex roles, and causation theories with control plans. Follow up is conducted through probation officers. Program evaluation is done using recidivism rates and some locus of control testing, as well as a final comprehensive client evaluation.

**PROGRAM:** Adult Sexual Offenders Group Treatment Program
**ORGANIZATION:** Attorney General
Community and Youth Corrections
North District Probation
**ADDRESS:** 77-A Redwood Avenue
WINNIPEG, Manitoba
R2W 5J5

**TELEPHONE:** (204) 945-7115, 945-7215, 945-0021

**CONTACT PERSON:** David Lampert, Brian Testor, Wendy Linklater-Huggan

**TARGET GROUP:** Adult male intrafamilial offenders.
**REFERRAL:** Courts, probation. Participation is mandatory (although voluntary participation is necessary to do the work in the program).

**PROGRAM DESCRIPTION:** A community based program located in a probation office. Assessment may include court reports, and does include: attitudes, emotional state, cognitive utilities, family of origin issues, disclosure of assaults, victim impact, present family situation, participation contracts, other forms of violence/abuse to others, group suitability, and motivational level. Treatment approaches are behavioral, cognitive and attitudinal. Methods include: cognitive restructuring, control/responsibility plans, socialization, societal attitudes, possibly masturbatory satiation, assertiveness training, stress reduction, sex education, relationship education, victim impact work, cycles of abuse, sexuality, family of origin/abuse history, and other types of abuse. Start up for this program is April 1989. Follow up will consist of hooking clients up with guided self-help groups, as well as probation reporting. Evaluation scales and other tools will be built into the program.

PROGRAM: Offender's Group Program
ORGANIZATION: Child Protection Centre, Children's Hospital
ADDRESS: Community Services Building
685 William Avenue
WINNIPEG, Manitoba
R3A 1S1

TELEPHONE: (204) 787-2811

CONTACT PERSON: Brenda Gutkin

TARGET GROUP: Adult male intrafamilial child sexual offenders.
REFERRAL: Child and Family Services, probation, parole, police, psychiatrists, and self-referral.

PROGRAM DESCRIPTION: A community based outpatient program (situated on hospital grounds). Priority is given to those offenders planning to reconcile with their families. Group and individual therapies are offered. Treatment approaches are multi-modal and include: process oriented group psychotherapy, cognitive restructuring, covert sensitization, assertiveness training, social skills, and human sexuality education. Women's groups are run for the partners of the abusers. This program provides participant-observer roles for professionals who wish to train in offender group therapies. Follow up is provided for approximately two years after treatment (on an informal basis). The program has not yet been evaluated.

PROGRAM: Health and Welfare Canada Demonstration Project: A Sequential Approach to the Treatment of Male Adolescent Sexual Offenders and Sexual Abuse Victims
ORGANIZATION: Marymound Inc.
ADDRESS: 349 College Avenue
WINNIPEG, Manitoba
R2W 1M2

TELEPHONE: (204) 944-7400

CONTACT PERSON: David Sullivan, Ron Kuncewicz, John Lussier

TARGET GROUP: Male adolescent sexual offenders and sexual assault victims.
REFERRAL: Child and Family Service agencies, schools, Probation, Courts, and self-referral.

PROGRAM DESCRIPTION:

A community based, child centered, family focused outpatient program. Through the application of therapeutic techniques, which involve the planned introduction of individual, group and family interventions, Marymound intends to provide evidence of the need for a specialized treatment response to adolescent male offenders and victims, and specifically demonstrate the importance of treating adolescents within their family context. All adolescents are engaged in individual and group counselling and those whose family is engaged, receive family counselling as well. Parents participate in a separate group during the treatment continuum. Group counselling consists primarily of education and skill building, including the development of assertiveness, communication skills and an understanding of sexual and non-sexual relationships. Treatment strategies employed in individual counselling are cognitive restructuring, grief counselling, and reality therapy. A siblings group is also offered. Detailed evaluation is conducted by the University of Manitoba Child and Family Services Research Group and is based on: intake assessment, single system design, case observation, recidivism rates, and client satisfaction.

PROGRAM: Forensic Behavior Management Clinic
ORGANIZATION: Native Clan Organization Inc.
ADDRESS: 202, 254 Edmonton Street
WINNIPEG, Manitoba
R3C 3Y4

TELEPHONE: (204) 943-7357

CONTACT PERSON: Lawrence Ellerby

TARGET GROUP: Pedophiles, incest offenders, and rapists — Native and non-Native.
REFERRAL: Correctional Services of Canada-Parole-Penitentiary, Provincial Corrections/ Probation, Child and Family Services, Courts, hospitals, other social service agencies.

PROGRAM DESCRIPTION: A community based outpatient program with a cognitive behavioral orientation. The assessment component includes clinical interviews, psychometric evaluation and a physiological assessment of sexual arousal. The treatment program combines individual and group therapy and includes modification of inappropriate arousal patterns, cognitive restructuring, relapse preparation and resocialization training (i.e. problem solving, empathy training, victimization, social skills, anger management, assertiveness training, etc). Program evaluation is conducted by six month interval assessments, as well as recidivism rates using both official and unofficial reports. The time frame for evaluation using recidivism rates is from three to four years. An assessment and treatment manual has been developed by this clinic and is available from Correctional Services of Canada.

PROGRAM: Adolescent Sex Offender Group Treatment Program
ORGANIZATION: Probation Services, Community Services
Community and Youth Corrections, Central Winnipeg
ADDRESS: 355 Donald Street
WINNIPEG, Manitoba
R3B 2J1

TELEPHONE: (204) 945-3222

CONTACT PERSON: Barb Gislason, Jim Sandor (945-8904)

TARGET GROUP: Adolescent male sex offenders.
REFERRAL: Probation Services, Child and Family Services. Participation is mandatory; the offender must have been charged with sexual assault.

PROGRAM DESCRIPTION: A community based outpatient program located in a probation office. Probation officers make referrals to the group facilitators. This referral includes a social history and report of the present situation. Group facilitators then meet with the offender and family. Offenders must have been charged with sexual assault, and must admit responsibility for the offence and be willing to disclose about the offence. Treatment includes a strong educational component (i.e. using visual aids, audio-visual equipment, flip charts, etc). Other treatment modalities include: supportive peer confrontation; cognitive restructuring; group therapy; covert sensitization; self-disclosure; and community networking. Follow up varies depending on the individual and may range from none, to one-to-one counselling, to long term involvement with a volunteer, or repeating the group process, or referral to outside agencies. Although no formal program evaluation is in place, the program is subjectively evaluated after each session.

PROGRAM: Adolescent Sexual Offenders Program
ORGANIZATION: Probation Services
Government of Manitoba
ADDRESS: c/o 123 B Marion Street
WINNIPEG, Manitoba
R2H 0T3

TELEPHONE: (204) 233-8931

CONTACT PERSON: Bruce Somers

TARGET GROUP: Adolescent (to young adult) sexual offenders.
REFERRAL: Court, self-referral.

PROGRAM DESCRIPTION: A community based treatment program. The assessment component is currently being developed. Group treatment is provided, and group members must accept responsibility for their behavior and be willing to talk about the offence. Groups are matched in terms of age. Treatment also includes an educational component. A ten day training program has been developed for workers outlining theory and techniques for dealing with sexually assaultive behaviour. Follow up is conducted through probation services. Ongoing evaluation takes place after each session, as well as through meetings with other facilitators and programs.

## *NEW BRUNSWICK*

**PROGRAM:** 15 Week Sexual Addiction Program
**ORGANIZATION:** Westmorland Institute
**ADDRESS:** c/o Psychology Department
P.O. Box 130
DORCHESTER, New Brunswick
E0A 1M0

**TELEPHONE:** (506) 379-2471, Extension 3640

**CONTACT PERSON:** Offa Gaudet, Kevin Graham

**TARGET GROUP:** All child sexual offenders, and some sexual offenders against adults.
**REFERRAL:** Recommended by the Judge, self-referral, or by Case Management Teams.

**PROGRAM DESCRIPTION:** A penitentiary based inpatient program, providing both assessment and treatment. Group therapy is fashioned after Alcoholics Anonymous. Individual treatment is also provided. Treatment focuses on external motivation by group members to admit the offence and its effects. Inmates are encouraged to be open and understand the underlying causes and effects of their deviant sexual behavior. Self help groups are initiated at graduation. No program evaluation has been conducted as yet.

**PROGRAM:** Individual Therapy
**ORGANIZATION:** New Brunswick Training School
**ADDRESS:** R.R. #6
FREDERICTON, New Brunswick
E3B 4X7

**TELEPHONE:** (506) 453-7800

**CONTACT PERSON:** Evangelyne Thompson M.A.

**TARGET GROUP:** Young Offenders.
**REFERRAL:** Self-referral, court ordered.

**PROGRAM DESCRIPTION:** A secure closed custody facility under the Department of the Solicitor General, Corrections Division providing assessment and treatment. Assessment includes a complete battery of psychological tests. Treatment is designed around the specific needs of each youth (i.e. self-esteem, personality, social development, problem-solving skills). Individual intervention targets the sexual offence in terms of the youth's family history, personal history, their own sexual abuse, moral development, sexual development, sexual preference, and personal choices focusing on inappropriate behavior or habits in relation to their body. No formal follow up exists. No formal program evaluation is conducted aside from the monitoring of individuals' progress.

PROGRAM:
ORGANIZATION: Université de Moncton
ADDRESS: MONCTON, New Brunswick
E1A 3E9

TELEPHONE: (506) 858-4201 or 858-4203

CONTACT PERSON: Leonce Boudreau

TARGET GROUP: Adult child sexual offenders (Provincial penitentiary inmates on Temporary Absence Passes).
REFERRAL: Provincial correctional institutions.

PROGRAM DESCRIPTION: A community based outpatient treatment program for both extrafamilial pedophiles and incest abusers. Treatment orientation is cognitive behavioral, providing covert sensitization, satiation, social skills training, and relapse prevention. Follow-up for graduates varies from once a week to once a month by phone as well as relying on significant others to monitor the offenders. Use of university students to act as spies to monitor daily behaviour has also been used. Self-report is the only form of program evaluation to date.

PROGRAM: Child Sexual Assault Treatment Program
ORGANIZATION: Child Protection Services
New Brunswick Department of Health and Community Services
ADDRESS: P.O. Box 2900
ST. JOHN, New Brunswick
E2L 5A3

TELEPHONE: (506) 658-2444

CONTACT PERSON: Bob Brown

TARGET GROUP: Intrafamilial child sexual offenders.
REFERRAL: Child protection workers, justice, probation, parole, other human service professionals, self-referral. Participation may be voluntary or mandated.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Assessment is conducted through screening interviews. Group treatment orientation follows Giaretto's model and takes a humanistic approach focusing on knowledge , self-analysis and change. Clients are encouraged to examine their experiences which led to the offending behavior. Groups are also offered for parents and victims. Follow up is conducted through case managers. No formal program evaluation has been conducted.

PROGRAM: Intrafamilial Sexual Abuse Program (ISAP)
ORGANIZATION: Mental Health Clinic
Department of Health & Community Services
ADDRESS: 123 Milltown Blvd., 2nd Floor
P.O. Box 5001
ST. STEPHEN, New Brunswick
E3L 2X4

TELEPHONE: (506) 466-5020

CONTACT PERSON: Mr. Brian Thompson

TARGET GROUP: Adolescent and adult incestuous sexual offenders.
REFERRAL: Community & Social Services, Mental Health Clinic counsellors (voluntary participation), Provincial Court (mandatory participation).

PROGRAM DESCRIPTION: A community based treatment program providing both assessment and treatment. Assessment involves determining if the offender has met the following goals: accepting responsibility for the sexual assault; describing the specifics/characteristics of the sexual assault; understanding the harmfulness of the sexual assault; developing strategies to prevent re-offending. Treatment includes individual and group therapy, moving on to dyadic and marital counselling, and concluding with family therapy. At the same time, mothers and victims are seen for individual therapy. Sessions include: rounds and personal time; topic presentations and discussion; accepting responsibility and examining the details of the assault; characteristics and harmfulness of the offending behaviour; strategies to cope; parenting; lifestyle; communication and assertiveness; marriage; and laws. No follow up is in place, however offenders may remain in therapy for up to 24 months. Program evaluation is conducted through check lists and counsellor evaluations.

PROGRAM: Woodstock Sex Offender Program
ORGANIZATION: Department of Health
ADDRESS: P.O. Box 5001, Compartment 3
WOODSTOCK, New Brunswick
E0J 2B0

TELEPHONE: (506) 328-9979 or 328-2425

CONTACT PERSON: Greg Brown, Bruce Hendryn

TARGET GROUP: Sentenced child sexual offenders on Temporary Absence Passes.
REFERRAL: Mandatory treatment for provincially incarcerated offenders as well as some Federal parolees.

PROGRAM DESCRIPTION: A community based mental health clinic providing both assessment and treatment. Treatment orientation in this group therapy program is predominately cognitive. Treatment foci include: rational-emotive, behavioral approaches to reduce sexual deviance, verbal satiation, masturbatory satiation, and social skills training. Some individual counselling is also provided. Follow up is provided for three months; as well graduates are able to drop in at the clinic on their own. Also, there are some homework exercises involving strategies for coping skills which are checked by the probation officer. This pilot project has no program evaluation as yet.

## *NEWFOUNDLAND*

PROGRAM:
ORGANIZATION: Western Counselling & Consulting Services
ADDRESS: P.O. Box 873
51 Brookfield Avenue
CORNER BROOK, Newfoundland
A2H 6H6

TELEPHONE: (709) 634-1301

CONTACT PERSON: Stephen Pinsent

TARGET GROUP: Sex offenders and victims.
REFERRAL: Other professionals, self-referral, lawyers.

PROGRAM DESCRIPTION: An independent private practice providing assessment through self-reports from the offenders of sexual activities with victims after they have obtained legal counsel for sex offence charges. Treatment orientation is primarily cognitive and emphasizes thoughts, feelings, behaviour and interactions, with the aim of client self-control. The major approach deals with the details of the offence and the client's perceptions of the effect of behaviour on the victim and significant others. Aspects of the client's sexual history, both normal and deviant, are assessed. Follow up depends on the referring agency or on EAP program terms. Program evaluation is based on client self-reports and reports from victims and significant others.

PROGRAM: Supervision and Enforcement of Adult Probation Orders/Conditions

ORGANIZATION:
Adult Corrections Division
Department of Justice
Provincial Government

ADDRESS:
P.O. Box 371
GANDER, Newfoundland
A1V 1W7

TELEPHONE: (709) 651-4748

CONTACT PERSON: Penny Pike

TARGET GROUP: Adult probationers (eighteen and over) who have been referred by local courts and/or any cases transferred from other regions or provinces.

REFERRAL: Courts (clients are legally bound to maintain contact with the Division for the purpose of supervision).

PROGRAM DESCRIPTION: A community based office setting providing assessment and treatment. Assessment is based on a review of risk and need areas deserving of attention. The risk component is reflected in the frequency of reporting, monitoring, and any enforcement necessary. The need component focuses on the individual's skill level, interpersonal relationships, social problems, etc, and interview sessions address these needs through one-on-one counselling sessions. Treatment consists of the identification of the overall goal of probation supervision which is addressed through case objectives. One-on-one counselling is the focus of intervention. Much confrontation is often necessary with the sex offender as well as exploration in the area of self-awareness. Treatment modalities are primarily psychosocial and Reality Therapy approaches. No follow up component exists. Program evaluation is conducted through periodic reviews of the classification system operational within the Division.

PROGRAM:
ORGANIZATION: Dr. Thomas Anderson Centre
ADDRESS: Janeway Apartments
Building A, Janeway Place
ST. JOHN'S, Newfoundland
A1A 1T1

TELEPHONE: (709) 576-6547

CONTACT PERSON: Alan Kenworthy, Director

TARGET GROUP: Adolescent sex offenders, among children and teenagers who have, or are at risk of having, emotional or behavioral disturbance and who live in the Eastern region of the province. Participation is voluntary.
REFERRAL: Referral is open. Most teenage sex offenders have been referred by juvenile corrections services.

PROGRAM DESCRIPTION: A community based ambulatory service providing both assessment and treatment. Assessment includes an individual interview, background information and family interview. Psychological testing is optional. Treatment includes individual psychotherapy, family therapy, and consultation with other agencies. Group treatment was run once on a trial basis and will continue when staffing permits. Behaviour modification and pharmacological treatments have not been used. No set time or format has been developed for follow up. No program evaluation has been done.

PROGRAM: Sex Offenders Therapy Program
ORGANIZATION: Her Majesty's Penitentiary
ADDRESS: P.O. Box 5459
ST. JOHN'S, Newfoundland
A1C 5W4

TELEPHONE: (709) 576-2270 Extension 108

OR

Director
Emmanuel House
United Church Family and Community Services
83 Cochrane Street
ST. JOHN'S, Newfoundland
A1C 3L7

CONTACT PERSON: Craig Pendergast, Jocelyn Green

TARGET GROUP: Convicted sexual offenders that are incarcerated in Newfoundland and Labrador; also federal inmates.

REFERRAL: Mostly from the Penitentiary in St. John's. Participation is voluntary.

PROGRAM DESCRIPTION: A community based treatment program providing both assessment and treatment. Inmates are accompanied to the group by a Classification Officer. Treatment orientation is client-centered group therapy, combining a confrontive and humanistic approach. Treatment focuses on social skills training, sex education, and victim awareness. No follow-up is provided, although there have been attempts to initiate a self-help group. No formal evaluation has been conducted, although subjective post-release assessments have been done.

PROGRAM: Adolescent Perpetrators Program
ORGANIZATION: Mental Health Services for Children and Adolescents
Gov't of Nfld. & Labrador, Department of Health
Confederation Bldg. West
P.O. Box 4750
ST. JOHN'S, Newfoundland
A1C 5T7

TELEPHONE: (709) 576-3658

CONTACT PERSON: Allan Kenworthy, David Aldridge, Neil Stokes

TARGET GROUP: Adolescent child sexual offenders.
REFERRAL: The Courts, agencies, or parents.

PROGRAM DESCRIPTION: A community based outpatient program offering primarily short term crisis intervention. Both group and individual treatment are provided. Treatment is geared to the individual's needs and deals with sexual, maturational, family and social problems. Acknowledgement of offence, impact of discovery, and sexuality education are target areas. Multiple family groups are also held. Ongoing support is provided after program termination.

PROGRAM:
ORGANIZATION: Nizar B. Ladha
ADDRESS: c/o St. Clair's Mercy Hospital
LeMarchant Road
ST. JOHN'S, Newfoundland
A1C 5B8

TELEPHONE: (709) 778-3397

CONTACT PERSON: Nizar Ladha

TARGET GROUP: All child sexual offenders.
REFERRAL: Courts, lawyers, general practitioners, Probation.

PROGRAM DESCRIPTION: A private practice providing both assessment and individual treatment. A multimodal treatment package provides individual psychotherapy, and behavioral and biological therapies. Treatment focuses on emotions, guilt, remorse, power issues, relationships, social skills, fantasy conditioning, and thought blocking. Follow up is continuous where possible from once a month to once every three months. No program evaluation has been undertaken.

PROGRAM: Department of Social Work
ORGANIZATION: Waterford Hospital
ADDRESS: ST. JOHN'S, Newfoundland
A1E 4J8

TELEPHONE: (709) 364-0259

CONTACT PERSON: Frankie O'Flaherty

TARGET GROUP: Adult child sexual offenders (among acute psychiatric admissions and forensic remands).

REFERRAL: Participation is totally voluntary for all sex offenders in the post-assessment phase, however, since child sexual offences require mandatory reporting, the assessment phase is mandatory.

PROGRAM DESCRIPTION: A multi-service psychiatric hospital providing both assessment and treatment. Assessment includes a thorough social assessment which is completed following a detailed protocol. Outside collateral informants are also interviewed. Social casework treatment includes individual counselling, psycho-therapy and family therapy. Other specialized therapies are available from the Psychology Department and one forensic psychiatrist. No group programs for sex offenders are offered. A women's group (to include incest survivors) has just begun operation in the Social Work Department. Follow up depends on each individual's circumstances. No program evaluation has been done.

## ***NORTHWEST TERRITORIES***

| | |
|---|---|
| PROGRAM: | Northern Lights Treatment Centre |
| ORGANIZATION: | Department of Social Services<br>Government of the N.W.T. |
| ADDRESS: | Bag Service #1<br>INUVIK, Northwest Territories<br>X0E 0T0 |
| TELEPHONE: | (403) 979-7225 |
| CONTACT PERSON: | Bill Davidson |
| TARGET GROUP: | Sexually offending youths aged 13 to 18. |
| REFERRAL: | Department of Social Services, Government of the N.W.T. |
| PROGRAM DESCRIPTION: | A residential open custody treatment centre (youths may stay past completion of disposition under child welfare). The assessment component of the program is currently under development, as are follow up procedures. Both group and individual therapies are provided, as well as social skills development, educational support, and psycho-education. No program evaluation has been conducted as yet. |

# *NOVA SCOTIA*

PROGRAM: Child Sexual Offender Program
ORGANIZATION: Veith House
ADDRESS: 3115 Veith Street
HALIFAX, Nova Scotia
B3K 3G9

TELEPHONE: (902) 453-4320

CONTACT PERSON: Ken Belanger

TARGET GROUP: Adult and adolescent child sexual offenders.
REFERRAL: Family services, schools, Corrections, Canadian Forces, self-referral.

PROGRAM DESCRIPTION: A private practice providing individual therapy only. The primary focus of treatment is for incest offenders. Treatment orientation is a cognitive behavioral learning model. Parental and family therapy focusing mainly on relationship training is also provided, as well as teaching all reunited family members to recognize relapse patterns of offence behaviour and to continuously monitor these. Follow up is provided for graduates. Program evaluation is conducted through an interagency review. Groups for offenders and couples who are planning to reunite are scheduled to begin in the summer/fall of 1989.

PROGRAM: Sexual Offenders Group Treatment Program
ORGANIZATION: Corrections Service Canada
ADDRESS: 35 Webster Street
KENTVILLE, Nova Scotia
B4N 1H4

and

Correctional Services of Nova Scotia
Department of Solicitor General
Provincial Building
99 High Street
BRIDGEWATER, Nova Scotia
B4V 1V8

TELEPHONE: (902) 678-1684; 275-5554 or 543-4721

CONTACT PERSON: Wendy Annand or Jack Kerwin

TARGET GROUP: Adult child sexual offenders.
REFERRAL: Courts, probation, parole. Participation is mandatory.

PROGRAM DESCRIPTION: An outpatient program based in a Mental Health Clinic providing both assessment and treatment. Assessment includes: pre-group assessment and interviews, including homework. Prior to Phase 2 (group process) individuals must accept some responsibility for their behaviour and have discussed some of their sexual deviancy. Group treatment includes: education on issues such as taking responsibility for one's actions, family dynamics, etc.; restructuring of belief systems; teaching techniques for relapse prevention; modelling and reparenting; and interpersonal work. No follow up is provided by the program. Application is presently being made for funding to design a built-in evaluation component.

PROGRAM: Valley Sex Offender Program
ORGANIZATION: Nova Scotia Department of Health &
Nova Scotia Department of Solicitor General
ADDRESS: 136 Exhibition Street
KENTVILLE, Nova Scotia
B4N 4E5

TELEPHONE: (902) 678-4020

CONTACT PERSON: Cindy MacKinnon-North

TARGET GROUP: Sex offenders who are over the age of 18 and who offend against children under the age of 16.
REFERRAL: Courts, probation, parole. Participation is mandatory.

PROGRAM DESCRIPTION: A hospital based outpatient program providing both assessment and treatment. Assessment is based on techniques from the Clarke Institute of Psychiatry in Toronto, Ontario. Group treatment is based on the work of Dr. Bill Marshall (Kingston, Ontario). Follow up is done through the probation or parole officers. This is a new program slated to begin in the late spring of 1989.

PROGRAM: Mental Health Division
ORGANIZATION: Valley Health Services Association
ADDRESS: 186 Park Street
KENTVILLE, Nova Scotia
B4N 1M7

TELEPHONE: (902) 678-7381 Extension 2850

CONTACT PERSON: Dr. John Bishop, Berwick Health Centre (902-538-8034)

TARGET GROUP: Adult sexual perpetrators.
REFERRAL: Probation, mental health, parole. Participation is mandatory.

PROGRAM DESCRIPTION: A group program located at the Miller Hospital in Kentville. This is a new program (beginning in April 1989) and is led by Dr. John Bishop and Ms. Cindy MacKinnon-North. Assessment is done to determine if the individual is appropriate for the group. Group treatment follows the model of Dr. Bill Marshall (Queen's University). Follow up is provided for clients. A program evaluation component is presently being developed.

PROGRAM:
ORGANIZATION: Helen Blau, Consulting Psychologist
ADDRESS: 336 Main Street
YARMOUTH, Nova Scotia
B5A 1E6

TELEPHONE: (902) 742-9320

CONTACT PERSON: Helen Blau

TARGET GROUP: All child sexual offenders.
REFERRAL: Doctors, lawyers, agencies, institutions, other private practitioners, self-referral.

PROGRAM DESCRIPTION: A private practice providing both assessment and treatment. Group and individual therapy are offered. Treatment orientation is predominantly reality therapy with consideration of biological factors and family involvement. Family therapy and social skills training are also available. Regulated follow up is provided for graduates. Program evaluation is conducted using recidivism rates, outcome results, individual reports, and contact with family.

## *ONTARIO*

PROGRAM:
ORGANIZATION: Child Development Resource Services
ADDRESS: 180 Elmore
ACTON, Ontario
L7J 1T2

TELEPHONE: (416) 876-1931

CONTACT PERSON: Merlin Kobsa, Director

TARGET GROUP: Adolescents aged 12 — 18.
REFERRAL: Children's Aid Societies, corrections, private.

PROGRAM DESCRIPTION: A community based program providing both assessment and treatment. Assessment includes family and individual interviews, and if necessary a referral is made for psychiatric testing. A male-female team provides group treatment based on American research and practices, and aims at developing awareness, empathy, social skills, and having the offender take responsibility for their offending behaviour. Individual and family therapy are also offered. Violent offenders are treated separately. Follow-up takes place after three to six months and then again after two years when possible. Program evaluation is built in, based on the APN in Colorado.

PROGRAM: Sexual Abuse Treatment Program

ORGANIZATION: Children's Aid Society of Durham, West Branch
200 Harwood South, Suite 202
AJAX, Ontario
L1S 2B9

TELEPHONE: (416) 427-2928

CONTACT PERSON: Grant Fair

TARGET GROUP: Primarily incest offenders, but also extrafamilial offenders. Exclusions include those who persistently deny the offence, have an untreated substance addiction problem, or are unable to handle a group situation.

REFERRAL: Children's Aid Society, and self-referral.

PROGRAM DESCRIPTION: A community based outpatient program offering both assessment and treatment. Assessment includes a pre-screening interview and a review of the client's files. Assessment may also be referred to The Clarke Institute. Treatment orientation is a psycho-social humanistic approach to group therapy, fashioned after Giarretto's model focusing on the offence pattern and recognition of contributing factors, especially to identify the emotional reaction of the offender, the cycle of abuse, their rationalizations, and the situational context. Some individual counselling is also provided. Other treatment modalities include: role-playing, social skills, heterosexual modelling, listening and communication skills, examination of own feelings, and disclosure. Family therapy is also available. No follow-up is done, although clients are welcome to return to the group. No formal evaluation has been done, although a subjective evaluation is presently being conducted.

**PROGRAM:** Family Counselling Services
**ORGANIZATION:** Region of Durham Social Services Department
**ADDRESS:** Family Counselling Division
West Area Main Office
138 Commercial Avenue
AJAX, Ontario
L1S 2H5

**TELEPHONE:** (416) 683-3451

**CONTACT PERSON:** Coordinator or Intake Worker

**TARGET GROUP:** Primarily incest offenders but also may treat non-familial offenders. Individuals must ordinarily take part in group treatment for offenders. Psychotic offenders are excluded.
**REFERRAL:** Children's Aid Societies; Clarke Institute of Psychiatry in Toronto for assessment of source of sexually deviant behaviour and treatability.

**PROGRAM DESCRIPTION:** A community-based agency which generally provides treatment for individuals, couples, and families experiencing difficulties. Availability of treatment for sex offenders depends on the therapeutic skills and willingness of available staff. Availability is generally low. Treatment tends to focus on the client gaining an undertsanding of the severity of his offence, empathy training, social skills training and a working through of his own sexual, physical or emotional abuse as a child. Confrontation and dialogue between victim and offender are used as part of treatment where possible. Family therapy is provided in appropriate cases. No formal follow-up procedure exists. No program evaluation has been conducted.

**PROGRAM:** Program For Sex Abuse Perpetrators
**ORGANIZATION:** Belleville Family Court Clinic
**ADDRESS:** 219 Front Street, Suite 220
BELLEVILLE, Ontario
K8N 2Z4

**TELEPHONE:** (613) 966-7413

**CONTACT PERSON:** Vicky Visca

**TARGET GROUP:** Teenage perpetrators, as long as they are able to cope with the group process.

**REFERRAL:** Hastings County, Prince Edward County, community agencies, professionals. Both mandatory and voluntary clients are accepted. Program operation depends on the numbers of clients.

**PROGRAM DESCRIPTION:** A community based outpatient program located at the Counselling Services of Belleville and District. Assessment includes: all available reports, medical and social histories, and additional psychiatric testing if necessary (through Queen's University, Kingston). Group treatment focuses on taking responsibility for offending behaviour, empathy, insight, education in life skills and sexuality, and peer support. No follow-up is in place as yet as this is a new program. No program evaluation has been developed.

**PROGRAM:** Milieu therapy and specialized treatment interventions
**ORGANIZATION:** Ontario Correctional Institute (O.C.I.)
**ADDRESS:** 109 McLaughlin Road South
Box 1888
BRAMPTON, Ontario
L6V 2P1

**TELEPHONE:** (416) 457-7050

**CONTACT PERSON:** Catherine Maunsell

**TARGET GROUP:** Incarcerated adult sex offenders serving provincial sentences (under 2 yrs). Participation is voluntary.
**REFERRAL:** The Courts and an internal classification system within the Ministry of Correctional Services.

**PROGRAM DESCRIPTION:** A medium security inpatient program in a Provincial Penitentiary, providing both assessment and treatment. Residents are referred for individualized programs as appropriate (i.e. group or individual psychotherapy, biofeedback, cognitive restructuring, anger management, sex education, empathy training, stress management, etc.). All residents participate in the peer review process whereby they discuss their history and problems with a selected group of peers who provide support and feedback. Follow-up may be suggested and arranged, but there is no legal mandate for this unless the offender is released on parole or probation.

PROGRAM: Adolescent Sexual Offenders Treatment Group
ORGANIZATION: Peel Children's Centre
ADDRESS: 11 Queen Street East
BRAMPTON, Ontario
L6W 2A7

TELEPHONE: (416) 453-4120

CONTACT PERSON: Colin Dart, Nancy McMillan

TARGET GROUP: Adolescent male sex offenders aged 12 — 17. Extremely violent offenders are excluded.
REFERRAL: Internal, probation, Children's Aid Societies, Mental Health Centres.

PROGRAM DESCRIPTION: A community based program (also accepting clients from Peel Children's Centre's residential program), providing both assessment and treatment. Group treatment focuses on discussion and written work, with an emphasis on full disclosure, acceptance of responsibility, peer support, empathy, social skills, etc. Individual and family therapy are also offered. Caseworkers provide follow-up, in addition to the therapist reviewing summaries following completion of the group process. No formal program evaluation has been conducted.

PROGRAM: Treatment Programs for Child Sexual Offenders
ORGANIZATION: Children's Aid Society of Brant County
ADDRESS: Box 774
70 Chatham Street
BRANTFORD, Ontario
N3T 5R7

TELEPHONE: (519) 753-8681

CONTACT PERSON: Janice DeRoss, Andy Koster

TARGET GROUP: Adult male perpetrators; adolescent perpetrators.
REFERRAL: Community agencies, schools, hospitals, public health services, Court ordered, self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing a comprehensive psycho-social assessment component. Two treatment programs are provided: one for adult male sexual perpetrators, and one for adolescent sexual offenders. Treatment orientation is eclectic and is geared to the individual needs of clients. Group, individual and family counselling are offered, and may include offenders, victims, non-offending parents and family members. Clients may also be referred to Wilfred Laurier's Self Help Groups or to the CAS's Preparation for Independence Program. Follow-up is ongoing. Program evaluation is conducted through pre-, during, and post-test measurements based on the Child Well-Being Scale which evaluates 47 aspects of the client's life.

PROGRAM:
ORGANIZATION: Paul Bennett, Psychiatric Social Worker
ADDRESS: c/o C.O.H.R. Family Services
2289 Fairview Street, Unit 208
BURLINGTON, Ontario
L7R 2E3

TELEPHONE: (416) 673-5256

CONTACT PERSON: Paul Bennett

TARGET GROUP: Adult child sexual offenders. Individuals must admit their offence, assume responsibility, and not be actively psychotic.
REFERRAL: Lawyers, Children's Aid Societies, psychiatrists, community services, self-referral.

PROGRAM
DESCRIPTION: A private practice providing individual treatment. Assessment is referred to the Clarke Institute. Treatment orientation is humanistic, focusing on insight and reality therapies, and stressing self-responsibility and control. No follow up is provided. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: Rideau Correctional and Treatment Centre
ADDRESS: P.O. Box 100
BURRITS RAPIDS, Ontario
K0G 1B0

TELEPHONE: (613) 269-4771

CONTACT PERSON: Stephen Wormith

TARGET GROUP: Adult male offenders incarcerated in Ontario Provincial facilities.
REFERRAL: Court, self-referral, offender classification.

PROGRAM
DESCRIPTION: A 20-bed assessment unit provides a multi-disciplinary, 3-4 week assessment including pychological testing, social history, vocational assessment, and phallometric assessment of sexual arousal.

A 64-bed inpatient program providing treatment based on a cognitive behavioral approach with an educational didactic group model. Treatment techniques include: milieu therapy, behavioral training, social skills training, aversive and non-aversive arousal conditioning, biofeedback, and counter conditioning. Individual counselling is also provided as well as an alcohol program, anger management, life skills, and vocational skills involving role-playing, modelling, films, lectures, tasks and homework.

PROGRAM: Sex Abuse Perpetrators Program
ORGANIZATION: CAS of Stormont-Dundas-Glengarry
ADDRESS: Box 983
27 York Street
CORNWALL, Ontario
K6H 5V1

TELEPHONE: (613) 933-2292

CONTACT PERSON: Michelle Belzil, Bob Smith

TARGET GROUP: Adolescents aged 13 — 18. Preference for treatment are intrafamilial offenders, however other offenders are accepted. An adult group will begin in 1989.

REFERRAL: Children's Aid Societies, probation, self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Assessment includes interviews with the individuals and family members, CAS reports, and instruments from Segroi's work. Group treatment emphasizes family relationships, empathy, awareness and responsibility. The treatment approach is psycho-dynamically oriented. Individual therapy is also provided. No formal follow-up is in place, however clients may return to the program. Individual progress is monitored, however no formal program evaluation is conducted.

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| PROGRAM: | Male Offender's Group |
| ORGANIZATION: | Family & Children's Services of Guelph and Wellington County |
| ADDRESS: | 55 Delhi Street<br>Box 1088<br>GUELPH, Ontario<br>N1H 6N3 |
| TELEPHONE: | (519) 824-2410 |
| CONTACT PERSON: | Ronald L. Poole MSW, CSW; Ron Harder |
| TARGET GROUP: | Male adult and adolescent perpetrators, excluding those who have used force with children to achieve intercourse. |
| REFERRAL: | Family and Children's Services, police, doctors, and Children's Aid Societies. |
| PROGRAM DESCRIPTION: | A community based outpatient program providing both assessment and treatment. The treatment approach follows the Regression Model of Sexual Abuse. Group treatment follows a dysfunctional model focusing on self awareness, empathy training, and sexuality. This multi-therapeutic program also utilizes an educational component, cognitive restructuring and gestalt practices. Other treatment modalities include: life, social and relationship skills, empathy training, stress management, impulse control, and own sexual victimization. Couple counselling and individual crisis intervention are also provided. Referrals are made for family therapy. Follow-up is provided through Family and Children's Services. No program evaluation has been conducted as yet. |

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| PROGRAM: | Guelph Assessment and Treatment Unit |
| ORGANIZATION: | Guelph Correctional Centre |
| ADDRESS: | Box 3600<br>GUELPH, Ontario<br>N1H 6P3 |
| TELEPHONE: | (519) 822-0020 |
| CONTACT PERSON: | Diane Farr |
| TARGET GROUP: | Sentenced offenders who have sexually abused their children. |
| REFERRAL: | Inmate classification branch of the Ministry of Correctional Services. |
| PROGRAM DESCRIPTION: | An inpatient program in a provincial correctional unit providing both assessment and treatment. Individual and group therapy are available. Treatment orientation is predominantly cognitive behavioral (i.e. role playing and modelling) and includes social skills training, anger management, addictions therapy, human relations and family violence groups. Individual counselling is geared to particular problems. There is no follow-up, although the institution tries to link up graduates with community agencies. No program evaluation has been conducted. |

PROGRAM: Treatment Group for Adult Sex Offenders
ORGANIZATION: Guelph Family & Children's Services
ADDRESS: 55 Delhi Street
GUELPH, Ontario
N1H 6N3

TELEPHONE: (519) 343-2038

CONTACT PERSON: Kim Mueller, Alison Scott

TARGET GROUP: Adult sex offenders.
REFERRAL: Family and Children's Services, probation, and parole.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Offenders must admit responsibility for sexually abusing their victims. Treatment orientation is psychoanalytic group therapy. Other approaches used are: systems approach, cognitive therapy, social skills training, relationship counselling, life stressors, sex education, post-release planning, awareness of precipitating factors to sexual abuse, identifying personal needs, victim and family member empathy, and power relations. Ad hoc individual counselling is also provided. No follow-up is available, although an unsupervised self-help group is available for graduates. Subjective, in-house evaluation is conducted at the end of each four month semester.

PROGRAM: Sexual Abuse Network of Hamilton-Wentworth Adult Offender's Group
ORGANIZATION: Catholic Children's Aid Society of Hamilton-Wentworth
ADDRESS: 499 King Street East
HAMILTON, Ontario
L8N 1E1

TELEPHONE: (416) 525-2012

CONTACT PERSON: Rocco Gizzarelli

TARGET GROUP: Adult incest offenders (clients must admit their offence, be willing to undergo treatment, have no history of sadism or violence; mentally handicapped offenders are referred elsewhere).
REFERRAL: Children's Aid Societies, lawyers, physicians, probation, and the Courts (mandated or voluntary).

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Group treatment has nine goals: full acknowledgement, identify strategy of abuse, victim and family member empathy, identify reasons for abuse, examine issues of power and authority, focusing on communication patterns, examining own sexual needs, learn impulse control, and increase self-awareness. Legal concerns are also discussed. No follow-up is available, however all clients are welcome to continue treatment. There is a subjective, in-house evaluation of the program every six months.

PROGRAM: Adolescent Perpetrators Group
Child and Adolescent Services
ORGANIZATION: Department of Health Services
Regional Municipality of Hamilton-Wentworth
ADDRESS: 74 Hughson Street South
P.O. Box 897
HAMILTON, Ontario
L8N 2A8

TELEPHONE: (416) 521-4810

CONTACT PERSON: Hank VanDooren, Malcolm Beam, Hilary Megison

TARGET GROUP: Male adolescent child sexual offenders, excluding those who are psychotic, paranoid, low IQ, or have severe violence in their history.
REFERRAL: Police, probation, and Children's Aid Societies (mandated).

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Treatment orientation involves an experiential model focusing on offence specific behaviour within a group setting. Other treatment modalities include: disclosing details of the offence, cognitive restructuring, family therapy, social skills training, and an educational component. An observer team is utilized to facilitate the group process, and to offer interactive peer consultation for both therapists and group members. A six month follow-up is provided. Program evaluation is conducted using recidivism rates and pre-and post program measures (i.e. Basic Personality Inventory, Hostility Scale, Hudson Self-Esteem and Peer Relations tests).

PROGRAM: Adolescent Sex Offender Program
ORGANIZATION: Kenora-Patricia Child & Family Services
ADDRESS: R.R. #1 Ocean Avenue
KENORA, Ontario
P9N 3W7

TELEPHONE: (807) 468-5508

CONTACT PERSON: Patricia Neira, Supervisor Child Abuse

TARGET GROUP: Adolescent sex offenders.
REFERRAL: Children's Aid Societies, Probation, Courts (participation is mandated).

PROGRAM DESCRIPTION: A community based integrated program through Kenora-Patricia Child and Family Services, Children's Aid Society, Probation, and the Child Development Centre (Children's Mental Health). Assessment is conducted in the first phase of the program and includes interviews and a battery of psycho-social testing. Treatment includes an education component developed by Ross and Associates (sexual aggression; psychology of the sex offender; victims; human sexuality; and specialized sexual offender treatment). Parents are also involved in the treatment process. Group, individual and family therapy are provided. This is a new program of less than one year; follow-up will be provided by one of the four agencies involved. No program evaluation has been conducted to date.

PROGRAM: Sex Offender Program
ORGANIZATION: Kingston Penitentiary, Regional Treatment Centre
ADDRESS: Box 22
2500 King Street
KINGSTON, Ontario
K7L 4V7

TELEPHONE: (613) 545-8460

CONTACT PERSON: Sharon Williams

TARGET GROUP: All sex offenders (participation is voluntary). Individuals must be convicted and flagged by a case management officer.
REFERRAL: Federal institutions in the Ontario region.

PROGRAM DESCRIPTION: An inpatient Federal penitentiary group therapy program providing both an extensive assessment component and treatment. Individual therapy is also offered. Treatment orientation in group therapy is predominantly cognitive behavioral and includes covert sensitization. Other treatment modalities include: biological (depo-provera), social skills, anger management, self-esteem, sexual arousal patterns, empathy and victim awareness, sex education, and self-management groups. Individual counselling focuses on circumscribed problem areas, and helps low IQ patients keep up with the group. No follow-up takes place. Program evaluation occurs in the form of psychometric tests, phallometric measures, behavioral acting out measures, empathy assessments, feedback from the case management team, and recidivism rates. Historical control groups and full-time vs part-time comparison groups are utilized as well. The program has developed manuals on sex education and life-skills training.

PROGRAM: Secure Services Program for Sex Offenders
ORGANIZATION: Kingston Psychiatric Hospital
ADDRESS: P.O. Box 603
752 King Street West
KINGSTON, Ontario
K7L 4X3

TELEPHONE: (613) 546-1101

CONTACT PERSON: Dr. Neil Oliver

TARGET GROUP: Adult males who have been referred by the Courts on Lieutenant Governor Warrants, or intra-hospital transfers.
REFERRAL: Courts (on Lieutenant Governor Warrants), intra-hospital transfers.

PROGRAM DESCRIPTION: A hospital based inpatient program providing both assessment and treatment. Assessment includes psychiatric, psychological and physiological reports. Treatment includes psychiatric, behavioral and medical components. This is a new program beginning in April 1989. No follow up has been done due to the newness of the program. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: Kingston Sexual Behavior Clinic
ADDRESS: 186 Barrie Street
KINGSTON, Ontario
K7L 3N6

TELEPHONE: (613) 545-6017

CONTACT PERSON: William Marshall, Howard Barbaree

TARGET GROUP: All child sexual offenders.
REFERRAL: Children's Aid Societies, probation, parole, police, Courts, physicians, and other community agencies.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Treatment orientation in this four month program is cognitive behavioral, providing covert sensitization, electrical or odour aversion, masturbatory satiation, and orgasmic reconditioning. Sexual education, social skills training, group and individual therapies are also available. Continuous follow-up is provided for all graduates. An extensive evaluation of the program has been conducted comparing outcome data of treated and untreated offenders. Recidivism rates are reviewed approximately every four years. A manual for treating child sexual offenders has been developed by the Kingston Sexual Behaviour Clinic.

PROGRAM: Sexual Abuse Treatment Program
ORGANIZATION: Community Justice Initiatives
ADDRESS: 298 Frederick Street
KITCHENER, Ontario
N2H 2N5

TELEPHONE: (519) 744-6549

CONTACT PERSON: Mark Yantzi, Peg Turner, Deb Ruppert

TARGET GROUP: Sexual abuse offenders, victims, families, and community members.
REFERRAL: Police, family and children's services, mental health professionals, and self-referral.

PROGRAM DESCRIPTION: A community based program using group therapy as its main treatment modality. The various groups range through professionally directed intensive group work, to self-determining open and on-going groups to peripherally supported self-help. Crisis support is offered throughout the healing process. Mutual aid is encouraged and supported. Thematic group processes are used to focus on specific issues such as conflict management, victim-offender confrontation, healing wounded sexuality, communication. Individual evaluation is achieved through the group processes. Groups discuss and are educated around such issues as social influences, power differences, parenting, assertiveness, personal story telling, victim impact. Techniques such as role playing, art work, videos, discussion, confrontation, personal story telling are utilized. A program evaluation has been completed by an external consultant based on interviews with staff, past and present group members, volunteers and community agencies.

PROGRAM: Child Abuse Treatment Program
ORGANIZATION: CAS of London and Middlesex
ADDRESS: 164 Albert Street
LONDON, Ontario
N6A 1M1

TELEPHONE: (519) 434-8461

CONTACT PERSON: Len Kushner

TARGET GROUP: Males aged 12 — 19; Males aged 19 and over, who acknowledge their abuse against children. Offending has usually occurred within the family and charges have been made. Violent offenders are excluded.
REFERRAL: Children's Aid Societies, corrections, probation (COMSOC), Ontario Correctional Institute, other counties.

PROGRAM DESCRIPTION: A community based treatment program providing both assessment and treatment. Assessment includes psycho-social assessments conducted by the CAS and may also involve additional psychiatric testing. Group treatment emphasizes developing awareness and taking responsibility. Individual counselling and family therapy are also provided. No formal follow-up is in place as yet. Program evaluation is conducted through pre- and post-testing, subjective feedback, and is linked with the University of Western Ontario.

PROGRAM:
ORGANIZATION: Nisbet Treatment Home
ADDRESS: 23 Belgrave Avenue
LONDON, Ontario
N6C 4B3

TELEPHONE: (519) 433-1019

CONTACT PERSON: Darlene Nisbet, Gary Latham

TARGET GROUP: Male sex offenders aged 9 — 17 who acknowledge or have been charged with inappropriate sexual behaviour.
REFERRAL: Children's Aid Societies, probation (throughout South-western Ontario, including Toronto). All clients to date have been Crown wards.

PROGRAM DESCRIPTION: A residential program providing both assessment and treatment. Assessment and recreational therapy derive from the University of Western Ontario, CPRI, and Mme Vanier Centre. Individual and group treatment are provided (from 2 — 5 years). The treatment home is based on a parent model with appropriate social and recreational aspects to compliment therapy. The main treatment goal is normalization. No follow-up takes place. No program evaluation has been developed.

**PROGRAM:** Simcoe County Sex Abuse Group Therapy Program
**ORGANIZATION:** Simcoe Children's Aid Society
**ADDRESS:** County Building
MIDHURST, Ontario
L0L 1X0

**TELEPHONE:** (705) 726-6587

**CONTACT PERSON:** Cindy Bzewski

**TARGET GROUP:** Adult Male incest offenders. Individuals must be able to work within the group process and must have a therapist and family (or criminal) court order.
**REFERRAL:** Corrections, probation (COMSOC), Children's Aid Societies.

**PROGRAM DESCRIPTION:** A community based program providing both assessment and treatment. Assessment may be court ordered and is conducted by psychiatrists, therapists and/or the CAS. Also included are individuals' histories and interviews. Group treatment emphasizes the development of responsibility, understanding the impact of the offence, learning empathy, rules and boundaries of behaviour, and social skills. No formal follow-up is in place as yet. No program evaluation has been conducted.

**PROGRAM:** North Simcoe Sexual Abuse Treatment Program
**ORGANIZATION:** North Simcoe Catholic Family Life Centre
**ADDRESS:** 354 Midland Avenue
MIDLAND, Ontario
L4R 3K7

**TELEPHONE:** (705) 526-9397

**CONTACT PERSON:** John Dowling M.S.W., C.S.W.

**TARGET GROUP:** Adult and adolescent child sexual offenders.
**REFERRAL:** Family and Children's Services, Courts, hospitals, lawyers, self-referral (participation is voluntary).

**PROGRAM DESCRIPTION:** A community based outpatient program providing both assessment and treatment. Psycho-social assessments are undertaken, as well as referral outside the program for phallometric testing and MMPI measures. Treatment includes individual and group therapies, as well as dyadic and family therapy. Reintegration treatment includes the perpetrator and victim in order to absolve the victim of any responsibility for the offence. Pre- and post-sentence therapies are available where appropriate. Follow-up is conducted after 6 months and 1 year following treatment; as well, clients are encouraged to return at any time. Program evaluation consists of client feedback and re-evaluation (i.e. psychological tests).

PROGRAM: Self-Control Group (Pro-social Therapy)
Treatment of Criminal Behavior
ORGANIZATION: Millbrook Correctional Centre
ADDRESS: Box 300
King Street West
MILLBROOK, Ontario
L0A 1G0

TELEPHONE: (705) 932-2624

CONTACT PERSON: Vitold Poplawski

TARGET GROUP: Sex offenders (among other criminal groups).
REFERRAL: Clients themselves as well as other professionals.

PROGRAM DESCRIPTION: A correctional centre based inpatient program providing both assessment and treatment in a form of group psychotherapy. The treatment approach is cognitive behavioral with self-control as the primary orientation in which offenders practice responsibility, learning to recognize the reasons for criminal behaviour, and to develop such coping methods and skills which will result in making the offender eligible for self-help. Other treatment techniques include: psychosynthesis, moral-cognitive and social-emotional restructuring. A broader approach to personality restructuring (holistic) is emphasized rather than focusing on the specific detail. An indirect rather than a confrontative approach is used for those who rely heavily on denial. Some follow-up is conducted, using recidivism rates. Pre- and post- psychological tests are utilized for program evaluation purposes. Articles on pro-social behaviour have been published by the psychologist who created the program and were used in theoretical and practical treatment delineation.

PROGRAM: Stress Survival Tactics
ORGANIZATION: Ministry of Corrections
ADDRESS: P.O. Box 300
706 County Road 28
MILLBROOK, Ontario
L0A 1G0

TELEPHONE: (705) 932-2624

CONTACT PERSON: Don Bossin, Romeo Vitelli

TARGET GROUP: Child sex offenders (among other criminal groups), excluding mentally retarded or brain damaged individuals.
REFERRAL: Inmate Classification Branch of the Ministry of Correctional Services, social workers, correctional officers, and other inmates.

PROGRAM DESCRIPTION: An inpatient institutionally based program providing a comprehensive assessment component as well as treatment. Both group and individual therapy are offered. Treatment orientation is eclectic, focusing on feelings, thoughts, and behaviour. Other treatment modalities include: social skills training, rational-emotive therapy, progressive muscular relaxation training, transactional analysis, dynamics of relationships, and manipulative paradigms. No follow-up is provided. Program evaluation relies on pre- and post-tests conducted at the end of treatment.

PROGRAM: Sex Abuse Male Offenders Group
ORGANIZATION: Peel Children's Aid Society
ADDRESS: Mississauga Office
3025 Hurontario Street, 6th Floor
MISSISSAUGA, Ontario
L5A 2H1

TELEPHONE: (416) 275-7444

CONTACT PERSON: Gavin Shaw

TARGET GROUP: Adult incest offenders. Adolescents are referred to Peel Children's Centre for individual work.
REFERRAL: Children's Aid Societies, corrections.

PROGRAM DESCRIPTION: A community based outpatient program. Assessment is based on client willingness and interviews, and may include other client assessments. Group treatment emphasizes expression of feelings with peer support, acceptance of responsibility, awareness, and empathy. Some individual and family therapy are also offered. Follow-up is conducted on an informal basis. No formal program evaluation is in place, although interviews are conducted at the end of the 12 week group process.

PROGRAM: York Region Abuse Program
ORGANIZATION: Dr. G.W. Williams Secondary School
ADDRESS: 588 A Yonge Street South
R.R. #1
NEWMARKET, Ontario
L3Y 4V8

TELEPHONE: (416) 773-5706 or 853-3040

CONTACT PERSON: Kim Harper

TARGET GROUP: Both adult and adolescent sexual abuse offenders.
REFERRAL: Probation, Children's Aid, other agencies, and self-referral (mandated participation).

PROGRAM DESCRIPTION:

A community based, multi-agency network outpatient program providing both assessment and treatment. The primary treatment orientation is cognitive restructuring, with victim-focused group work and the offender's acknowledgement of the offence. Other treatment modalities include: psycho-educational counselling, emotional and cognitive restructuring to assume responsibility, contributing factors that lead to abuse, recognizing danger stages, and trying alternative routes. This is an open-ended approach which encourages clients to get in touch with their own victimization, their feelings, and social relationships. This program also attempts to actively involve a significant other in treatment. All referrals have a case manager who is responsible for follow-up. An on-going evaluation is currently being developed using subjective individual interviews.

PROGRAM: Adolescent Male Sexual Offenders Program
ORGANIZATION: Family and Children's Services of the Niagara Region
ADDRESS: 4701 St. Clair Avenue
P.O. Box 2074
NIAGARA FALLS, Ontario
L2E 6Z2

TELEPHONE: (416) 356-1391

CONTACT PERSON: Brian Minard

TARGET GROUP: Adolescent child sex offenders to age sixteen, excluding those with drug or alcohol addictions as well as individuals with limited cognitive functioning.

REFERRAL: Children's Aid, Courts, probation (an investigation of child sexual abuse must have been completed).

PROGRAM DESCRIPTION: A community based outpatient program which provides transportation for clients. An initial assessment is done, however previous psychological assessments are accessed. The group treatment orientation is cognitive behavioral focusing on offence specific behaviour. Other modalities include: an educational component, life skills, human sexuality, offence pattern recognition, eliminating deviant fantasies, game playing, training in dating, anger management, victim awareness, and family relationships in which parents may come in to therapy. Individual counselling may also be provided, mainly to help new members catch up with the group process. No follow-up has been done as yet. Program evaluation is conducted using the Kempe Foundation check list which is completed every six months.

PROGRAM: Offenders Treatment Program
ORGANIZATION: Children's Aid Society
District of Nippissing
ADDRESS: 433 McIntyre Street West
NORTH BAY, Ontario
P1B 2Z3

TELEPHONE: (705) 474-1200 extension 254, or 474-0910

CONTACT PERSON: Larry Doyle, Cathy Pratt

TARGET GROUP: Adult child sexual offenders (mainly incest). Unmotivated or severely psychotic individuals will generally not be treated.
REFERRAL: Children's Aid Societies, psychiatrists, voluntary self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Treatment orientation is educational explorative, influenced by psychoanalytic and gestalt theories. Other treatment modalities in this insight oriented program include: behaviour modification, some biological treatment, communication skills, and empathy training. Group treatment is supplemented with some individual counselling. Follow-up is maintained through probation. No evaluation component is in place as yet.

PROGRAM: Adolescent Offenders and Adult Perpetrators
ORGANIZATION: Halton Sexual Abuse Program
ADDRESS: 461 North Service Rd., West
OAKVILLE, Ontario
L6M 2B6

TELEPHONE: (416) 825-3241

CONTACT PERSON: Paul Bennett

TARGET GROUP: Incest offenders only.
REFERRAL: Through the community network.

PROGRAM DESCRIPTION: A community based outpatient program providing treatment only (no assessment component). Treatment orientation is multi-modal focusing on self-responsibility, control, social skills, communication skills, sexuality, assertiveness training, life skills, as well as crisis intervention and insight oriented therapy. No follow-up is provided. No program evaluation is conducted.

PROGRAM: Secure Treatment Program
ORGANIZATION: Syl Apps Youth Centre
ADDRESS: Box 1900
OAKVILLE, Ontario
L6J 5E8

TELEPHONE: (416) 844-4110

CONTACT PERSON: Ken Keeling, Beverly Thomson

TARGET GROUP: Dangerous adolescents (mandated or voluntary).
REFERRAL: Children's Aid Societies, Courts, parents, and self-referral.

PROGRAM DESCRIPTION: An inpatient program situated in a maximum security Provincial facility providing an extensive assessment component and treatment. Both group and individual therapy are provided. Treatment orientation is eclectic and includes: psychodynamic, cognitive, and behavioral approaches, as well as social skills training, educational components, and family therapy. Biological approaches are de-emphasized. Follow-up is provided for up to six months after graduation. No formal program evaluation has yet been undertaken, however, informal procedures have been utilized (i.e. comparing outcome data of participants of both group and individual counselling and group treatment only).

PROGRAM: Group for Adolescent Perpetrators (G.A.P.)
ORGANIZATION: Pine Ridge Family Counselling Assistance Centre
ADDRESS: 1170 Simcoe Street North
OSHAWA, Ontario
L1G 4W8

TELEPHONE: (416) 725-3545

CONTACT PERSON: Curt Cao

TARGET GROUP: Adolescent child sexual offenders, excluding violent or high risk offenders.
REFERRAL: Probation, Children's Aid Societies, parents, and police.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Adolescent participation is mandatory, although family therapy is voluntary. Treatment orientation in group, family and individual counselling promotes socially appropriate, non-abusive ways of interacting with others by using an interactionist model, which views sexual molestation as something that is learned through observation, imitation, and/or experience. Crisis oriented follow-up is provided for graduates. No program evaluation has been conducted.

PROGRAM: Family Counselling Services
ORGANIZATION: Region of Durham Social Services Department
ADDRESS: 50 McMillan Drive
OSHAWA, Ontario
L1G 3Z6

TELEPHONE: (416) 579-0622

CONTACT PERSON: Beverly Behar

TARGET GROUP: Incest offenders. Individuals must admit their crime and want to reconcile with their families. Psychotic offenders are excluded.
REFERRAL: Children's Aid Societies.

PROGRAM DESCRIPTION: A community based (ad hoc, informal) outpatient program providing treatment only. Treatment is on an individual basis focusing on the family context. Understanding the severity of the crime, minimization, empathy training, social skills training, and their own victimization are some of the other treatment foci. Family therapy is also provided. No follow-up exists. No program evaluation has been conducted.

PROGRAM: Sex Abuse Perpetrators Program
ORGANIZATION: Centre for Sexual Adjustment Canada Inc.
ADDRESS: 1061 Merivale Road, Suite 4B
OTTAWA, Ontario
K1Z 6A9

TELEPHONE: (613) 728-4555 (Ottawa)
(416) 440-9930 (Toronto)

CONTACT PERSON: Wayne Spragge, Director

TARGET GROUP: Adults charged and placed on probation (or whose charge is unfounded). Individual treatment is provided for adolescents.
REFERRAL: Defence lawyers, doctors, agencies, self- referral.

PROGRAM DESCRIPTION: A community based private corporation operating on a fee for service basis. The Centre also deals with sexual dysfunction and provides therapy for victims. Services are in English; a French service is presently being developed. Assessment is provided and includes: psychometric testing, inventories, and psychiatric reports. Individual, group and family treatment are offered with the aim of teaching indicators of offending behaviour. Treatment emphasizes empathy, social skills, social learning, and responsibility. Follow-up is provided for a period of six months to one year, and clients may return at any time. A formal program evaluation is under development, as well as a subjective feedback evaluation.

PROGRAM: Sexual Behaviors Clinic
ORGANIZATION: Royal Ottawa Hospital
ADDRESS: 1145 Carling Avenue
OTTAWA, Ontario
K1Z 7K4

TELEPHONE: (613) 722-6521

CONTACT PERSON: John Bradford

TARGET GROUP: All sexual offenders (no exclusions).
REFERRAL: Courts, parole, probation, voluntary, physicians, community agencies.

PROGRAM DESCRIPTION: This hospital forensic ward program sees both in- and outpatients. There is a comprehensive assessment component. Although the treatment approach is multi-modal, including pharmacological using anti-androgens (cyperoterone acetate), cognitive behavioral approaches are also used, as well as sex education, heterosexual skills, anger management, assertiveness training, marital psychotherapy, individual and group therapy, and self-help groups for pedophiles. Long term follow-up is provided. A specialized incest treatment program is included. Program evaluation is conducted using a computerized data base to monitor treatment outcome and recidivism rates.

PROGRAM: Sex Offender Program
ORGANIZATION: Oakridge Division Mental Health Centre
ADDRESS: P.O. Box 5000
PENETANGUISHENE, Ontario
L0K 1P0

TELEPHONE: (705) 549-3181

CONTACT PERSON: Marnie Rice

TARGET GROUP: Adult child sexual offenders, concentrating mainly on extrafamilial or fixated child molesters.
REFERRAL: Courts, parole, probation, hospital, and other facilities.

PROGRAM DESCRIPTION: A maximum security inpatient hospital based program (now expanding to include outpatients) providing an extensive assessment component and treatment. Treatment orientation is primarily behavioral, with aversive and non-aversive arousal conditioning. Other modalities include sex education, heterosocial skills, self-management training, cognitive focused problem identification, and sessions aimed at accepting responsibility. There is no regulated follow-up in place. Several research projects have been conducted and published, looking at the evaluation of the program.

PROGRAM: Mens Incest Offender Group

ORGANIZATION: John Howard Society of Peterborough
Child Abuse Forum/Peterborough Community Forum

ADDRESS: 277 George Street North
PETERBOROUGH, Ontario
K9J 3G9

TELEPHONE: (705) 743-8331 or 743-9751

CONTACT PERSON: Peter Moore, Velma Difrancesco, Donna Geddes

TARGET GROUP: Adult male incest offenders (must have court involvement, have admitted responsibility for the crime, and have no previous failed treatment).

REFERRAL: Six participating agencies involved in the Child Abuse Forum, Children's Aid Societies, police, self-referral, probation and parole.

PROGRAM DESCRIPTION: A community based outpatient, closed group treatment program providing treatment only. Treatment is based on an educational group systems model. Individual counselling is available as needed. Social skills training, sex education, and other modalities of treatment which focus on the effects of the abuse on all members of the family, the type and use of coercion, relationship problems particularly with the spouse, appropriate parenting roles, use of rationalization, misuse of power, the offender's own victimization, as well as enhancing levels of self-awareness, self-worth, and self-esteem, are areas of treatment focus. Referrals for family therapy may also be available through one of the six participating agencies. Follow-up is maintained through a questionnaire sent to graduates. Evaluation is conducted by gathering data from the questionnaires, as well as by recidivism rates on a two year basis.

PROGRAM: Adolescent Sexual Offenders Program
ORGANIZATION: Kinark Child and Family Services
Child Abuse Forum/Peterborough Community Forum
ADDRESS: Suite 275, 380 Armour Road
PETERBOROUGH, Ontario
K9H 7L7

TELEPHONE: (705) 742-3803

CONTACT PERSON: Judy Finlay

TARGET GROUP: All adolescent child sexual offenders.
REFERRAL:

PROGRAM DESCRIPTION: A community based program providing both assessment and treatment. Treatment orientation is insight oriented group treatment with a social educational component and cognitive learning. Individual counselling and family therapy are also available as required. A three month follow-up is provided for graduates, along with probation surveillance. No program evaluation has been conducted to date.

PROGRAM: Sexual Abuse: Family Education and Treatment (SAFE-T Program)
ORGANIZATION: Thistletown Regional Centre for Children and Adolescents
ADDRESS: 51 Panorama Court
REXDALE, Ontario
M9V 4L8

TELEPHONE: (416) 741-1210

CONTACT PERSON: Richard Berry, Ph.D., C.Psych.

TARGET GROUP: All members of sexually abusive families, including offenders, victims, non-offending and non-abused family members.
REFERRAL: Professional or self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and long term treatment. SAFE-T is modelled after the multi-dimensional treatment approach for sexually abusive families developed by Giarretto (Integrated Treatment of Child Sexual Abuse. Palo Alto: Behavioral Books, 1982), using a systemic model with elements of cognitive, behavioral, and psycho-dynamic approaches in individual, group, family, and family sub-systems as a format of therapeutic intervention. The overall process is geared towards the needs of the individual and family. Ongoing support is available for graduates on an independent basis. No program evaluation has as yet been undertaken.

PROGRAM: Behavior Management Services
ORGANIZATION: York Central Hospital
ADDRESS: 10 Trench Street
RICHMOND HILL, Ontario
L4C 4Z3

TELEPHONE: (416) 883-2270

CONTACT PERSON: Dorothy Griffiths

TARGET GROUP: Developmentally handicapped sexual offenders without pending criminal charges.
REFERRAL: Community, particularly group homes.

PROGRAM DESCRIPTION: A community based outreach service providing both assessment and individual treatment. Treatment orientation is cognitive behavioral, with arousal reduction, covert sensitization, sex education, coping strategies, social-sexual relationship training, social competency and social skills training, and responsibility training. Follow-up is continuous in that this program never terminates clients. Program evaluation is conducted on an ongoing basis over three to four year periods by external evaluators who review cases and provide ongoing feedback. This agency has developed a book entitled ''Community Based Treatment of Developmentally Handicapped Individuals Displaying Inappropriate Sexual Behaviours''.

PROGRAM: Therapy Group for Child Sexual Abusers
ORGANIZATION: Family Services Centre of the Sault & District
ADDRESS: 421 Bay Street, Suite 603
SAULT ST. MARIE, Ontario
P6A 1X3

TELEPHONE: (705) 759-2756

CONTACT PERSON: David Rivard

TARGET GROUP: Incest offenders.
REFERRAL: Courts, probation, and self-referral.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. The focus of group therapy is on the offenders' own victimization, as well as on drug and alcohol problems. Sex offences are viewed as an addiction. Treatment orientation is based on a learning theory model with insight empathy training, relearning, family relations, the addictive cycle (thought patterns, attitudes toward women, attitudes toward sex), and appropriate thought patterns. Advanced groups focus on reintegration skills. Since the program is fairly new, follow-up has not yet occurred, however a post release follow-up is planned. No program evaluation has been conducted as yet.

PROGRAM: Juvenile Offenders Group
ORGANIZATION: East Metro Youth Services
ADDRESS: 2130 Lawrence Avenue East, Suite 404
SCARBOROUGH, Ontario
M1R 3A6

TELEPHONE: (416) 752-7930

CONTACT PERSON John Barnett, Ann Curry

TARGET GROUP: Adolescent child sexual offenders, excluding those who deny their offence or have serious mental handicaps.
REFERRAL: Children's Aid Societies, and 17 other agencies involved in the SASAT program. Participation is mandated.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and group treatment. Treatment orientation follows a humanistic approach. Some individual counselling is also provided. Other treatment modalities include: psychoeducational counselling, emotional and cognitive restructuring to assume responsibility, understanding contributing factors that lead to abuse, making changes in behaviour by recognizing danger stages and trying alternative routes. This is an open-ended approach, encouraging clients to get in touch with their feelings, their own victimization, and social relationships. An adult significant other serves as an ally and is included in 25% of the groups with the adolescent. The active case manager from the referring agency provides follow-up. Evaluation research is conducted using pre- and post-test measurements of the impact of the group (i.e. empathy, depression, family relationships). SASAT also helps other communities in setting up interagency networks.

PROGRAM: Juvenile Offenders Program
ORGANIZATION: Scarborough Agencies Sexual Abuse Treatment Program
ADDRESS: 1530 Markham Road
SCARBOROUGH, Ontario
M1B 3M4

TELEPHONE: (416) 282-1069

CONTACT PERSON: Dawn Forrest

TARGET GROUP: Adolescent child sexual offenders, excluding those who deny their offence or have severe mental handicaps.

REFERRAL: Children's Aid Societies, and 17 other agencies involved in the SASAT program. Participation is mandated.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and group treatment. Treatment orientation follows a humanistic approach. Some individual counselling is also provided. Other treatment modalities include: psychoeducational counselling, emotional and cognitive restructuring to assume responsibility, understanding contributing factors that lead to abuse, making changes in behaviour by recognizing danger stages and trying alternative routes. This is an open-ended approach encouraging clients to get in touch with their feelings, their own victimization, and social relationships. An attempt is made to actively involve a significant other in treatment. The active case manager from the referring agency provides follow-up. A research committee provides periodic evaluation. SASAT also helps other communities in setting up interagency networks.

**PROGRAM:** Latency Boys with Sexually Acting Out Behavior
**ORGANIZATION:** Scarborough Agencies Sex Abuse Treatment Program (SASAT)
**ADDRESS:** 1530 Markham Road
SCARBOROUGH, Ontario
M1B 3M4

**TELEPHONE:** (416) 282-1069

**CONTACT PERSON:** Dawn Forrest

**TARGET GROUP:** Boys aged 6 — 12 who are being abusive to younger children (with force and in secret).
**REFERRAL:** Children's Aid Societies, Sacred Heart, other agencies.

**PROGRAM DESCRIPTION:** A community based outpatient program (a case manager from the referring agency is involved in treatment). Assessment includes meetings with the individual child and with the case manager. Treatment orientation is humanistic and includes: role playing, play therapy, and education in sexuality/sex and law. An emphasis is placed on recognizing right and wrong. Any sexual abuse in the child's background is also dealt with. Follow-up is provided by the case manager. Program evaluation is conducted through pre- and post-testing.

**PROGRAM:** The Incest Offender Group
**ORGANIZATION:** Family and Childrens Services of the Niagara Region
**ADDRESS:** 311 Geneva Street
P.O. Box 516
ST. CATHARINES, Ontario
L2R 6W5

**TELEPHONE:** (416) 937-7731

**CONTACT PERSON:** Brian Hillier

**TARGET GROUP:** Incest offenders, excluding violent offenders, sadists, extrafamilial pedophiles, or those with an untreated addiction problem.
**REFERRAL:** Children's Aid Societies, hospitals, police, John Howard Society, defence counsels.

**PROGRAM DESCRIPTION:** A community based outpatient program providing both assessment and treatment. Assessment is done by a screening interview in which social history, inventory tests, and drug and alcohol addictions tests are conducted. Also, referrals are made to the Clarke Institute for phallometric assessments. Group treatment orientation is predominantly cognitive in which an approach to understanding the sexual deviance at an affective level is used, including a re-experiencing of the crime. Social skills training is also provided. A graduate self-help group is in the planning stages, as well as inviting graduates to act as peer counsellors. At present, this program is collecting data for a retrospective evaluation.

**PROGRAM:** Father's Anonymous
**ORGANIZATION:** Ministry of Correction Services
**ADDRESS:** c/o St. Catharines Probation & Parole Office
55 King Street, Suite 504
ST. CATHARINES, Ontario
L2R 3H5

**TELEPHONE:** (416) 687-8941

**CONTACT PERSON:** Virginia Repei

**TARGET GROUP:** Adult male incest offenders, excluding individuals with violent histories, extreme psychological problems, untreated drug or alcohol problems, and fixated offenders. Offenders must assume responsibility for their incestuous abuse, and have been formally charged or convicted.
**REFERRAL:** Courts, probation, lawyers.

**PROGRAM DESCRIPTION:** A community based outpatient program providing treatment only. Group treatment follows a confrontive approach. Individual counselling is not provided, although there may be some family involvement. This program operates on demand. No follow-up takes place. No program evaluation has been undertaken to date.

**PROGRAM:** Special Programs
**ORGANIZATION:** Children's Aid Society of Elgin County
**ADDRESS:** 27 Southwick Street
ST. THOMAS, Ontario
N5R 3B7

**TELEPHONE:** (519) 631-1492

**CONTACT PERSON:** Christine Dawson

**TARGET GROUP:** Male child sexual offenders. An adolescent program is now beginning.
**REFERRAL:** Probation, parole, St. Thomas Psychiatric Hospital. Participation is voluntary.

**PROGRAM DESCRIPTION:** A community based program, with assessment being provided by St. Thomas Psychiatric Hospital. Group treatment emphasizes the development of empathy, assuming responsibility for behaviours, and building self-esteem. Individual and family therapies are also provided. An informal follow-up is in place through the easing off of the client's participation. Program evaluation is conducted through pre- and post-testing measurements, and client and family feedback.

PROGRAM: Individual Treatment for Sex Offenders
ORGANIZATION: St. Thomas Psychiatric Hospital, Forensic Unit
ADDRESS: P.O. Box 2004
ST. THOMAS, Ontario
N5P 3V9

TELEPHONE: (519) 631-8510

CONTACT PERSON: Allan Cooper

TARGET GROUP: All sex offenders.
REFERRAL: Courts, attorneys, physicians.

PROGRAM DESCRIPTION: A community hospital outpatient service (for some outpatients, treatment will be conducted in a place of convenience for the client), providing both assessment and treatment. Biological treatment is offered (libido suppressing drugs) with individual counselling tailored to the individuals' needs. Generally, an educational component is incorporated as well as psycho-social adjunct techniques, social conditioning, didactic training, and sexual arousal conditioning. Follow-up appointments are scheduled for graduates. In-house program evaluation is conducted with questionnaires, sexual pathology measurements, laboratory arousal tests, and recidivism rates.

PROGRAM: Adolescent Sexual Offenders Program
ORGANIZATION: Children's Aid Society of Thunder Bay
ADDRESS: 309 South Court Street
Box 2027, Station P
THUNDER BAY, Ontario
P7B 5E7

and

Lake Head Regional Family Centre
283 Lisgar Street
THUNDER BAY, Ontario
P7B 6G6

TELEPHONE: (807) 343-6186

CONTACT PERSON: Bill Kent

TARGET GROUP: Adolescent (up to age 18) sexual offenders.
REFERRAL:

PROGRAM DESCRIPTION: This is a new program which will commence in September 1989. A full program description will be available at that time. For more information, contact Bill Kent at the above telephone number.

PROGRAM: Sex Offender Treatment Program
Forensic Service
ORGANIZATION: Clarke Institute of Psychiatry
ADDRESS: 250 College Street
TORONTO, Ontario
M5T 1R8

TELEPHONE: (416) 979-2221, extension 2359

CONTACT PERSON: Mr. Len Clemmensen, Coordinator SOTP

TARGET GROUP: Adult sex offenders (voluntary, and based on willingness to participate and cognitive ability; chronically institutionalized patients may not be suitable for the program).

REFERRAL: May come from a variety of sources including self-referral, Correctional Services of Canada, Probation and Parole officers, Community Social Workers, Provincial Corrections.

PROGRAM DESCRIPTION: A secure inpatient program located on a forensic unit. Patients within the correctional system should be serving the latter part of their sentence and be eligible for parole, or be on parole in the community. Both assessment and treatment are provided. Treatment consists of group and individual therapy as well as participation in the therapeutic community. Treatment orientation follows cognitive and learning theory approaches. The focus of the groups is on anger awareness and control, sexuality, social skills, relapse prevention, and drug and alcohol counselling. Biological treatment, family therapy, and vocational training may also be provided. All patients are involved in ongoing follow-up. Program evaluation takes place over a minimum two year period based on the overall recidivism rates. As well, the effectiveness of each component of the treatment program is evaluated in terms of outcome.

PROGRAM: Crisis Support Group Program for Metropolitan Toronto
ORGANIZATION:
ADDRESS: 443 Mount Pleasant Road, 2nd Floor
TORONTO, Ontario
M4S 2L8

TELEPHONE: (416) 440-0888

CONTACT PERSON: Vicki Kellman

TARGET GROUP: Incest offenders, excluding individuals with a history of prior convictions, those who have not received treatment within four months of disclosure, those who deny their offence, and those who do not agree to engage in individual therapy.
REFERRAL: Child Protection and probation.

PROGRAM DESCRIPTION: A community based outpatient group therapy program. An insight oriented approach is the main treatment focusing on responsibility training and viewing sexual abuse as a crime. Group support is also highly emphasized. For all graduates, referrals are made for individual counselling. Although there are case reviews, there is no formal evaluation tool. The Crisis Support Group Program for Metropolitan Toronto has developed a treatment directory and formed a committee on child sexual abuse.

PROGRAM:
ORGANIZATION: Dr. Frederick Mathews
ADDRESS: c/o Central Toronto Youth Services
65 Wellesley Street East, 3rd Floor
TORONTO, Ontario
M4Y 1H6

TELEPHONE: (416) 924-2100

CONTACT PERSON: Dr. Frederick Mathews

TARGET GROUP: Adolescent child sexual offenders, excluding violent offenders and extrafamilial pedophiles.
REFERRAL: Agencies and individuals.

PROGRAM DESCRIPTION: A private practice providing individual treatment only. Treatment orientation is eclectic, promoting socially appropriate, non-abusive ways of interacting with others by using an Interactionist model which views sexual molestation as something which is learned through observation, imitation, and/or personal experience. Treatment modalities include: cognitive restructuring, rational-emotive therapy, behaviour modification, and victim empathy training. No follow-up is provided. No program evaluation has been conducted.

PROGRAM: Psychotherapy and Consultation Services
ORGANIZATION: Surrey Place Centre, Sexuality Clinic
ADDRESS: 2 Surrey Place
TORONTO, Ontario
M5S 2C2

TELEPHONE: (416) 925-5141

CONTACT PERSON: Wai-Yung Lee

TARGET GROUP: Developmentally handicapped individuals (all ages).
REFERRAL: Children's Aid Societies, schools, hospitals, probation, self-referral (within Metro Toronto, although consultation is provided outside the Metro area).

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment (usually through Dr. Wellman at The Clarke Institute) and treatment. This is not an offender treatment program exclusively; services are offered to offenders, victims, families, and other individuals. Individual, group and family therapies are provided. No follow-up services are undertaken. No program evaluation has been conducted.

PROGRAM: Welland Children's Services Offenders Group
ORGANIZATION: Family & Children's Services of the Niagara Region
Welland Branch
ADDRESS: 654 South Pelham Street
WELLAND, Ontario
03C 3C8

TELEPHONE: (416) 734-2623

CONTACT PERSON: Richard Riley, Patricia Dingle

TARGET GROUP: Incest offenders, excluding individuals with untreated drug or alcohol problems, multiple victims, same sex victims, history of any violence, and those who deny the offence or are fixated pedophiles.
REFERRAL: Family and Children's Services, Child Protection intake workers, adult probation.

PROGRAM DESCRIPTION: A community based outpatient program providing treatment only. An open group format focuses on the recognition of warning signals, delineating offence patterns, stress management, self-confidence, assertiveness, and sex education as well as responsibility, overcoming minimization, denial, defence mechanisms, and convoluted rationalizations. Referrals are made for family therapy. Non-regulated follow-up is provided. Recidivism rates and group member evaluation is used.

PROGRAM: Trillium Youth Services
ORGANIZATION: Catholic Children's Aid Society
ADDRESS: 200 Sheppard Avenue East
WILLOWDALE, Ontario
M2N 3A9

TELEPHONE: (416) 226-1010

CONTACT PERSON: Lisa Pelletier

TARGET GROUP: Adolescent male child sexual offenders aged 13 — 17 who are not currently addicted to drugs or alcohol, or have psychiatric problems.
REFERRAL: Child welfare, self-referral, treatment resources of any type.

PROGRAM DESCRIPTION: A community based program providing both assessment and treatment. Assessment includes: personal history, details around the offence, child-identified problem areas, and case information from previous reports. Group treatment focuses on denial, empathy, social and life skills, responsibility, and sex education. Groups have been run from September 1988 to June 1989, with the possibility of continuance after that date. Individual and family counselling are also provided. Due to the newness of the program, no follow-up has taken place as yet. No program evaluation has been conducted.

PROGRAM:
ORGANIZATION: J.D. Griffin Adolescent Centre
ADDRESS: 29 Silverview Drive
WILLOWDALE, Ontario
M2M 2B3

TELEPHONE: (416) 222-1153

CONTACT PERSON: Lynn Eakin, Executive Director

TARGET GROUP: Developmentally handicapped adolescents who have committed a chargeable offence.
REFERRAL: Youth on the caseload of J.D. Griffin Adolescent Centre (may include other referral sources in the future).

PROGRAM DESCRIPTION: A community based treatment program providing both assessment and treatment. Assessment includes information from the client, parents and teachers, assessing social skills, self-esteem, personality, and the client's understanding of sexuality. Group, individual and family therapy are provided. Treatment includes: impulse control, sex education, fantasies, and social skills. As this is a new program, no follow-up has been done yet. Program evaluation is expected to include post-treatment assessment measures.

PROGRAM: The Perpetrators Group
ORGANIZATION: Brentwood Centre
ADDRESS: 2335 Dougall
WINDSOR, Ontario
N8X 1S9

TELEPHONE: (519) 253-2441

CONTACT PERSON: Sam Devin, Father Charbonneau

TARGET GROUP: Adult child sexual offenders, excluding psychotic individuals.
REFERRAL:

PROGRAM DESCRIPTION: A community based inpatient program (after ninety days clients become outpatients) based on an adaptation of Alcoholics Anonymous' principles emphasizing continual support. Ongoing programs are available for all family members. An in-depth confrontational and holistic group approach is used, as well as victim empathy induced by meetings with victims. A permanent regulated follow-up is in place. No program evaluation has been conducted to date.

PROGRAM: Fathers Anonymous
ORGANIZATION: Children's Aid Society of Woodstock
ADDRESS: Box 312
92 Light Street
WOODSTOCK, Ontario
N4S 7X6

TELEPHONE: (519) 539-6176

CONTACT PERSON: Martin McNamara

TARGET GROUP: Intrafamilial incest offenders in a parental role, excluding those who deny the offence, used violence in the offence, have marked psychiatric or anti-social syndromes, and homosexual offenders.
REFERRAL: Child Protection, probation, parole, lawyers.

PROGRAM DESCRIPTION: A community based outpatient program providing some psycho-social assessment and treatment. Group treatment orientation is multi-therapeutic providing educational, cognitive restructuring, and gestalt practices. Couple counselling and individual crisis intervention are also provided. Treatment also focuses on life, social and relationship skills, empathy training, stress management, and impulse control. Adults, adolescents and families are treated. The referring agency is responsible for follow-up. Program evaluation takes place on a subjective basis.

PROGRAM: Sexual Abuse Teen Offender Program (S.T.O.P.)
ORGANIZATION: Children's Aid Society of Woodstock
ADDRESS: 92 Light Street
WOODSTOCK, Ontario
N4S 7X6

TELEPHONE: (519) 539-6176

CONTACT PERSON: Martin McNamara

TARGET GROUP: Adolescent child sexual offenders, excluding individuals with an IQ below 80, those who are aggressive or exhibit out of control behaviour, and those who do not function well in a group.
REFERRAL: Children's Aid, Children's Mental Health, Juvenile Probation, police.

PROGRAM DESCRIPTION: A community based outpatient program providing both assessment and treatment. Treatment includes an educational component teaching social skills, sex education, life skills, relationship skills, empathy training, stress management, and impulse control. Other treatment modalities used are cognitive restructuring and gestalt practices. Individual crisis intervention is also available. Follow-up is provided through the referring agency. No program evaluation has been conducted to date.

## *PRINCE EDWARD ISLAND*

PROGRAM:
ORGANIZATION: Community Mental Health Services
ADDRESS: Box 880
MONTAGUE, Prince Edward Island
C0A 1R0

TELEPHONE: (902) 838-4094

CONTACT PERSON: Randall Fletcher M.S.W., Program Director

TARGET GROUP: All adult or adolescent sex offenders deemed appropriate for treatment on an out-patient basis.

REFERRAL: Justice, probation, child welfare, physicians, police, Courts, addictions, and self-referral.

PROGRAM DESCRIPTION: Part of a province-wide community based program for a broad range of mental health problems. CMHS is presently in the process of evaluating its ability and capacity to provide specialized treatment and assessment to sex offenders. Services are presently being provided to adolescent and adult offenders on a trial basis through the Montague Clinic. Treatment is provided in a group format with treatment components aimed at both control and rehabilitation. Group therapy is supplemented with individual, marital and family therapy as needed. Early involvement of parents in the assessment and treatment of adolescent offenders is stressed. There are no formal follow up or evaluation processes in place.

PROGRAM: Community Mental Health Services
ORGANIZATION: Department of Health & Social Services
ADDRESS: 205 Linden Avenue
SUMMERSIDE, Prince Edward Island
C1N 2K4

TELEPHONE: (902) 436-9124

CONTACT PERSON: Dave Henry, Program Director

TARGET GROUP: Adult and adolescent sex offenders.
REFERRAL: Lawyers, probation officers, judge's orders, social services, doctors, addictions, self-referral.

PROGRAM DESCRIPTION: A community based outpatient clinic providing both assessment and treatment. Assessment is done on an individual basis and may include psychometric testing. Treatment modalities vary and may include: a modified behavioral approach, cognitive therapy, or insight oriented therapy. Individual and family therapies are offered, and are geared toward the individual clients' presenting problem. Follow up varies with each client. No program evaluation has been conducted.

## *QUEBEC*

PROGRAM: Evaluation and Treatment of Sexual Behaviour Problems
ORGANIZATION: Centre Hôpitalier Robert-Giffard
ADDRESS: 2601, de la Canardière
BEAUPORT, Québec
G1J 2G3

TELEPHONE: (819) 663-5011

CONTACT PERSON: Marcel Couture, M.A. Sexologist
Louis Rousseau, Psychiatrist

TARGET GROUP: Sexual offenders.
REFERRAL: Court of sessions, Quebec detention centre, some federal penitentiaries and perhaps self-referral.

PROGRAM DESCRIPTION: A program offered in an outpatient clinic situated in a psychiatric hospital ward. Treatment focuses mainly on group sex therapy and is three years in duration. Each session deals with the expression of emotions and the development of new learning (cognitive aspect). In addition to this, if the patient is willing and if it is necessary, hormone therapy is available to reduce the intensity of sexual impulses. Some patients are also seen individually and/or as couples if necessary. There are psychiatric evaluations, psychometric evaluations (personality test), and sexological evaluations (interviews, sexometric tests, diurnal and penial plethysmography). Continuous contact is maintained with the patients in order to determine the rate of recidivism. Contact is also maintained with a probation officer. No formal study of the results of the treatment has yet been conducted, however, to date and as far as we know, none of the patients has become a repeat offender.

PROGRAM: Sex Offender Treatment
ORGANIZATION: Centre de services sociaux
Saguenay-Lac-St-Jean-Chibougamau
ADDRESS: 711, Jacques-Cartier Est
CHICOUTIMI, Québec
G7H 2A2

TELEPHONE: (418) 549-4853

CONTACT PERSON: Lucie Lagaçé

TARGET GROUP: Abusing parents.
REFERRAL: Referral is obligatory.

PROGRAM DESCRIPTION: A program offered by the Centre de services sociaux. The treatment consists of individualized and open group therapy. The program is two years in duration, is structured in content, and benefits from the participation of a mutual aid group known as "Parents Unis". The program includes a psychosocial evaluation of the patient which involves the evaluation of the patient's behaviour, motivation to be treated, the quality of the abuser's relationship with the child and his family, and an evaluation of his ability as a parent. Provision is made for the exchange of information between the participants from various groups (mothers, children, abusers). The treatment is evaluated through a self-evaluation by the clients at the end of each session and through the discussion of cases as a team in order to evaluate progress and the relevance of the treatment.

**PROGRAM:** Young Offender Units
**ORGANIZATION:** Centre de services sociaux de l'Outaouais
**ADDRESS:** 105 boul. Sacré
HULL, Québec
J8X 1C5

**TELEPHONE:** (819) 771-6631

**CONTACT PERSON:** Brigitte Morel, Rémi Toupin

**TARGET GROUP:** Young persons (12 to 18 years old) who are undergoing legal proceedings for one or more sexual offences.
**REFERRAL:** Deputy Attorney General, Youth Court

**PROGRAM DESCRIPTION:**

The program is offered as part of the services made available to the public by the Centre des services sociaux de l'Outaouais. Most of the young persons live with their families, but some may be detained at the Centre de réadaptation Les Jeunes de l'Outaouais. An education program is delivered over some ten weekly meetings. It is divided into three blocks which deal with self-esteem and socialization, sex education and the notion of abuse. The young persons undergo an evaluation-orientation, if referred by the Deputy Attorney General; and a pre-disposition report is prepared together with a psychiatric evaluation if they are referred by the Youth Court. An evaluation of the treatment is prepared by the participants and the workers. Young persons who are under a probation order are subject to a follow-up.

**PROGRAM:** Groupe de traitement pour hommes abusifs de l'Outaouais
**ORGANIZATION:** Centre hôpitalier Pierre-Janet
**ADDRESS:** 20, rue Pharand
HULL, Québec
J9A 1K7

**TELEPHONE:** (819) 771-7761

**CONTACT PERSON:** Cyril Ryan, Donald Fleury

**TARGET GROUP:** Adult male sexual offenders, capable of functioning within a group.
**REFERRAL:** Both voluntary and mandatory referrals.

**PROGRAM DESCRIPTION:**

A psychiatric hospital outpatient program. There is no assessment component. Techniques used in group treatment include: anger log, problem solving skills, social skills training, and other therapies. Follow-up is provided. Evaluative research methods are currently being developed.

PROGRAM: Atikamekw Onekam
ORGANIZATION: Conseil de la Nation Atikamekw
ADDRESS: C.P. 848
318, St-Joseph
LA TUQUE, Québec
G9X 3P6

TELEPHONE: (819) 523-6153

CONTACT PERSON: Jacqueline Rock

TARGET GROUP: Atikamekw young persons.
REFERRAL: Referral as provided under the Young Offenders Act.

PROGRAM DESCRIPTION: There is consultation with the social worker and psychologist. A follow-up by mutual agreement or pursuant to a youth court order is provided by a social worker or by a psychologist. The periodical evaluation of the treatment includes a consideration of the young person's cooperation, and an evaluation at the end of the treatment. A six-month follow-up is available by mutual agreement but the duration of the follow-up may vary in accordance with a court order.

PROGRAM: Sexual Abuse Treatment Program of the B.S.S. Laval
ORGANIZATION: Bureau de Services sociaux de Laval (B.S.S. Laval)
ADDRESS: 2, Place Laval, pièce 350
LAVAL, Québec
H7N 5N6

TELEPHONE: (514) 668-7820

CONTACT PERSON: Marie Naltchayan

TARGET GROUP: Abusing adults (fathers) and young persons.
REFERRAL: Following an order of the Youth Court or of the Court of Sessions, and voluntary referral.

PROGRAM DESCRIPTION: A community program, for outpatient clients only, offered at the Centre de Service Sociaux de Montréal Metropolitain (C.S.S.M.M.). The treatment is based on the one designed by Dr. Henry Giarretto and involves the integration of the abuser in a group of fathers for a minimum period of one year or in a group of young abusers for a period which varies with each individual case. A psycho-social evaluation of the family is prepared in all cases, and a psychological evaluation of the client is done in most cases. An individual, conjugal, parental, and/or family follow-up is done depending on the needs of each file. An evaluation of the treatment is prepared by the team of therapists at the end of each 10 week session.

**PROGRAM:** Sex Offender Treatment
**ORGANIZATION:** C.S.S.B.F.
**ADDRESS:** Point de service de la Mitis
1572, boul. Jacques-Cartier
C.P. 158
MONT-JOLI, Québec
G5H 3K9

**TELEPHONE:** (418) 775-7241

**CONTACT PERSON:** Delly Gagnon, Alain Richard

**TARGET GROUP:** Adolescent (12–18 years old) sex offenders and sexually abused adolescents.
**REFERRAL:** Youth Protection Branch through the Youth Court or a voluntary measures program, Provincial Director through an order under the Young Offenders Act. Participation is voluntary.

**PROGRAM DESCRIPTION:** The clientele includes young persons who are in their natural home, in a foster family or in a reception center. The treatment consists of participation in a series of twelve weekly meetings under the supervision of one male and one female worker in a closed group, integration of additional activities, emphasis on the experience of sexual abuse through discussions and exercises. Group meetings are accompanied by a simultaneous and individualized follow-up by delegates from the Youth Protection Branch and/or the treating psychologist and/or the reception center's tutor, as the case may be. An individualized evaluation of each young person undergoing treatment is also prepared.

**PROGRAM:**
**ORGANIZATION:** Clinique de Psychiatrie légale de
l'Hôpital Royal Victoria
**ADDRESS:** 509, ave des Pins ouest
MONTREAL, Québec
H2W 1S4

**TELEPHONE:** (514) 842-1231

**CONTACT PERSON:** Renée Fugère

**TARGET GROUP:** Adults (men and women).
**REFERRAL:** Lawyers, probation officers, youth protection, parole. Participation is voluntary.

**PROGRAM DESCRIPTION:** A program offered in an outpatient clinic situated in a hospital ward. The program consists of individual interviews geared to the needs of the client and the preparation of a complete psychosocial and psychosexual profile. If necessary, a psychological evaluation is also prepared. Provision is also made for a follow-up of an average of six to nine months. The evaluation of the treatment is done through references and a form or follow-up contact sheet which is sent to the clients.

**PROGRAM:** Sexual Counselling and Therapy
**ORGANIZATION:** College International des sexothérapeutes spécialistes Inc.
**ADDRESS:** 1497, boul. St-Joseph
MONTREAL, Québec
H2J 1M6

**TELEPHONE:** (514) 522-4142

**CONTACT PERSON:** Dr. Jean-Yves Desjardins, Ph.D.

**TARGET GROUP:** Violent offenders and pedophiles as well as patients practicing voyeurism, exhibitionism, and experiencing sexual orientation problems.

**REFERRAL:**

**PROGRAM DESCRIPTION:** A treatment program in a private clinic whose aim is to eliminate the patient's social dangerousness by providing him with concrete tools and sex education; help him understand the meaning of sexual desires and fantasies and help him find alternatives to his acting out; re-educate his erotic function by focusing on his body, his sexual desires, and on widening his interests. The evaluation of the patient takes place at two levels: 1. Sexo-analytical: we explore his erotic imagination and interpret his fantasy processes. This exploration makes it possible to diagnose gender identity problems as well as the presence of sexual deviance such as pedophilia, voyeurism, exhibitionism, and the strong emotions that accompany them: hostility, fear, distress, violence. 2. Sexual functions: we evaluate the physical aspects of his knowledge of sex functions which he has developed; how he expresses his sexual tensions, his ability to control his excitation as well as the means available to him to proceed to the act. Also, with specific reference to his body, we evaluate his problems of masculinity, femininity, and his problems of sexual aggressiveness and desire. The treatment ends when the person has succeeded in establishing appropriate sexual relations (behavioral and emotive) with his peers. The patient is called back every three months for two years.

PROGRAM: Sex Offender Treatment Programs
ORGANIZATION: Institut Philippe Pinel de Montréal
ADDRESS: 10 905, Henri Bourassa est
MONTREAL, Québec
H1C 1H1

TELEPHONE: (514) 648-8461

CONTACT PERSON: Jocelyn Aubut, André McKibben

TARGET GROUP: All abusive sexual offenders.
REFERRAL: Correctional Service of Canada, courts, parole, lawyers and self-referral.

PROGRAM DESCRIPTION:

The program consists of an inpatient and an outpatient service. The inpatient service has 21 beds which are situated in a treatment unit at the Institut Philippe Pinel de Montréal. Both inpatient and outpatient treatment are on an elective basis in that the treatment must be adapted to the patients and not vice-versa. The main methods of therapy are: group therapy, sex education, social skills, and behaviour treatment techniques. An evaluation service is also available to the Court both on an inpatient and outpatient basis. The outpatient follow-up is carried out by the Centre de psychiatrie légale de Montréal. This outpatient service deals both with patients who have been treated in the inpatient program, and with patients who are referred directly by the referral services mentioned above. All patients who have undergone inpatient treatment must be followed up in the outpatient program. A number of evaluation research projects are now underway. Moreover, additional support research is carried out both at the inpatient and outpatient level. There is also research on responsiveness and non-responsiveness through plethysmographic evaluation.

PROGRAM: Programmes de traitements de delinquants sexuels
ORGANIZATION: Centre Hôpitalier Robert Giffard
Clinique d'evaluation et de traitement des troubles de comportements sexuels
ADDRESS: 2601, de la Canardière
QUEBEC, Québec
G1J 2G3

TELEPHONE: (418) 663-5321

CONTACT PERSON: Marcel Couture M.A. Sexologist
Dr. Rousseau, Psychiatrist

TARGET GROUP: Child sexual offenders, excluding offenders with a history of severe physical violence.

REFERRAL: Solicitor General and Justice of Québec. Most clients are mandated through the Courts.

PROGRAM DESCRIPTION: A hospital based outpatient program, although some inpatient clients are accepted. There is a comprehensive assessment component, with a multi-model treatment program. Treatment approaches include: biological (introducing a new drug, LHRH, and Flutamide), legal, criminological, sexological, psychiatric, and behavioral. Follow-up is conducted for 3 years. Evaluation uses pre- and post-test measures of both psychological assessments and plethysmograph results.

PROGRAM:
ORGANIZATION: Parents-Unis Repentigny Inc.
ADDRESS: 630 rue Marseille, Suite 201
REPENTIGNY, Québec
J6A 7A3

TELEPHONE: (514) 585-1423

CONTACT PERSON: Thomas Lebeau

TARGET GROUP: Incest sexual offenders. Excluded are clients with an IQ below 80, those with severe psychopathology, and those with severe sadistic sexualizations in their history. Extra-familial offenders are accepted if they are also incest offenders.

REFERRAL: Child Protection Services, hospitals, penitentiaries, Courts, police, probation, parole, and self-referral.

PROGRAM DESCRIPTION: A community based program working hand in hand with Programme de traitement des enfants abusés sexuelement. All members of the family involved in incest are treated, including both adult and adolescent offenders. All groups are closed except preorientation and orientation groups. The communication group is mixed with victims, spouses, mothers, survivors and abusers, and focuses on communication and social skills using media images and a form of art therapy. The offender group follows a humanistic systems approach, gestalt therapy, bioenergetics, psychodrama, and growth therapy. There are about sixteen separate groups, each coordinated by professionals. Other aspects of the therapeutic milieu include a sponsorship plan in which advanced clients provide extra support to new clients outside of the group meetings. No follow-up is available. Program evaluation of the efficacy of the self-help module is currently in development, using mainly subjective self-reports.

PROGRAM: Sex Offender Treatment
ORGANIZATION: Centre de services sociaux du Bas-du-Fleuve
Point de service de la Mitis
ADDRESS: 92, 2e Rue Ouest
C.P. 3500
RIMOUSKI, Québec
G5L 8V5

TELEPHONE: (418) 723-1250

CONTACT PERSON: Jean Desy, Director, Jocelyn Ross, Assistant Director

TARGET GROUP: Adolescent (12-18 years old) sex offenders and sexually abused adolescents.
REFERRAL: Youth Protection Branch through the Youth Court or a voluntary measures program, Provincial Director through an order under the Young Offenders Act. Participation is voluntary.

PROGRAM DESCRIPTION: The clientele includes young persons in their natural home, in a foster family or in a reception centre. The treatment consists of participation in a series of twelve weekly meetings under the supervision of one male and one female worker in a closed group, integration of additional activities, emphasis on the experience of sexual abuse through discussions and exercises. Group meetings are accompanied by a simultaneous and individualized follow-up by delegates from the Youth Protection Branch and/or the treating psychologist and/or the reception centre tutor, as the case may be. An individualized evaluation of each young persons undergoing treatment is also prepared.

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Centre de services sociaux
ADDRESS: 73, St-Henri
RIVIERE-DU-LOUP, Québec
G5R 4V2

TELEPHONE: (418) 862-6335

CONTACT PERSON: Jean-Marie Parent, Diane Bélanger

TARGET GROUP: Abusers group, victims group, non-abusing parents group.
REFERRAL: Youth Protection Branch as ordered by the Quebec Court, Youth Chamber.

PROGRAM DESCRIPTION: A community program offered in a social service centre. Treatment is based on that designed by Dr. Henry Giarretto from California, and its objective is to help the abuser admit his full responsibility regarding the offence and to recognize the harmful consequences for the victim, his spouse and his family and provide him with the appropriate treatment. The evaluation focuses on the recognition of the problem, the impact on the victim, the functioning of the client at the personal, familial, conjugal and social level, and on his sexual behaviour. A follow-up of a minimum of two years is also provided and consists of a group meeting every fifteen days, and an individual and/or dyadic meeting. An evaluation of the treatment is prepared after every sixth group meeting.

PROGRAM: Clinique Planning Familial et Sexualité
ORGANIZATION: Centre Hôpitalier Régional Mauricie
ADDRESS: 50 — 118 ième Rue
SHAWINIGAN, Québec
G9P 4E7

TELEPHONE: (819) 537-9321 ext. 395

CONTACT PERSON: Louise Désaulniers

TARGET GROUP: Sexual offenders
REFERRAL: Medical referral, court order and sometimes self referral.

PROGRAM DESCRIPTION: A program offered within a hospital. Treatment consists of helping the aggressor recognize sexual violence, an evaluation of the cycle of violence, and the prescribing of a treatment program. A follow-up is available as required.

PROGRAM: Intra-familial Sex Offender Treatment Program
ORGANIZATION: Centre de services sociaux de l'Estrie
Direction de la protection de la jeunesse
ADDRESS: 30, 13ième Avenue nord
SHERBROOKE, Québec
J1E 2X5

TELEPHONE: (418) 862-6335

CONTACT PERSON: Rodrigue Blais

TARGET GROUP: Incestuous sexual offenders, victims and other family members.
REFERRAL: This is a service offered under the Loi sur la protection de la jeunesse/Youth Protection Act. Participation may be voluntary if the patient meets the conditions, or compulsory if ordered by the court.

PROGRAM DESCRIPTION: An aid program which is based on a group approach and which is offered in a social services centre. After it has been established that a situation involving the sexual abuse of a child exists, steps are taken to gather the facts from the victim; the non-abusing parent is notified and that parent's ability to protect the child is evaluated. The abuser is then met and confronted with the situation. If he acknowledges the abuse and his responsibility, he may benefit from the program. If not, the situation is brought before the court. The criteria which are considered are: the abuser acknowledges the abuse in all its dimensions; the abuser takes full responsibility for his actions; the abuser really wants to change; the abuser is evaluated as being capable of changing. Preliminary, individual and family interviews are held to determine the type of aid to be delivered. The heart of the program consists of fourteen group meetings. There are three on-going groups meeting at the same time as the fourteen group meetings. These are the victims group, the non-abusing parents group, and finally the abusers group. At the end of the program, each participant evaluates the program by focusing on the degree to which each objective was attained. This evaluation is based on a questionnaire which is completed by the participants after each group meeting and also on an assessment made by the group meeting leaders.

PROGRAM: Evaluation and Treatment of Pedophiles
Unité de psychiatrie
ORGANIZATION: Centre Hôpitalier de Sherbrooke
375 rue Argyle
SHERBROOKE, Québec
J1J 3H5

TELEPHONE: (819) 569-3661 ext.436

CONTACT PERSON: Dr. Pierre Gagné

TARGET GROUP: Adults having problems of exhibitionism, voyeurism, pedophilia and incest.
REFERRAL: General practitioners, psychiatrists, courts, hospitals, detention centres, Waterloo rehabilitation centres.

PROGRAM DESCRIPTION:

Programs are offered in detention centres where inmates are evaluated; in the hospital, where an evaluation is made and treatment is provided in an inpatient clinic together with a follow-up in an outpatient clinic; in the Waterloo rehabilitation centre, where an evaluation and a follow-up of the inmates is made. The aims of the evaluation are to determine whether the individual suffers from a psychiatric problem, to change his behaviour and then to prescribe the type of treatment which is required as well as when it should be initiated. The evaluation includes a physical assessment which is prepared by a consultant, extensive clinical interviews which are conducted by the psychiatrist, a personal assessment by the nurse, a twenty-four hour observation in the unit, interviews with the family and/or significant persons, the evaluation of the victim's profile and the "pretreatment prognostic predictor". Treatment involves the use of anti-androgenic medication either in the form of medrox-progesterone acetate and cyproterone acetate. Testosterone and LH plasma levels are measured once a month. Possible secondary effects as well as sexual reactions are evaluated at each visit. A follow-up of a minimum of one year is conducted by the treating psychiatrist and a nurse.

**PROGRAM:** Forensic Clinic, Department of Psychiatry
**ORGANIZATION:** Centre Hôpitalier de Sherbrooke
**ADDRESS:** 461, rue Argyle
SHERBROOKE, Québec
J1J 3H5

**TELEPHONE:** (819) 567-1998

**CONTACT PERSON:** Dr. Pierre Gagné

**TARGET GROUP:** Child sexual offenders, excluding psychopaths and those who categorically deny the offence.
**REFERRAL:** Courts, probation, parole, physicians, and self-referral.

**PROGRAM DESCRIPTION:** A hospital based inpatient program, although some out-patients are accepted as well. Assessment and treatment components are both provided. This biological therapy program uses Medroxyprogesterone Acetate. Individual counselling is also provided which focuses mainly on the offenders becoming more verbal. Follow-up is provided indefinitely, although offenders may cease participation when probation ends. A case by case evaluation occurs.

## *SASKATCHEWAN*

PROGRAM: Offender Treatment
ORGANIZATION: Lawson Centre
ADDRESS: c/o Battlefords Mental Health Centre
Box 39
NORTH BATTLEFORD, Saskatchewan
S9A 2X8

TELEPHONE: (306) 446-7600

CONTACT PERSON: Terry Nicholaichuk

TARGET GROUP: Adult, and some adolescent sex offenders. Violent, intractable offenders are excluded.
REFERRAL: Provincial probation services, Courts, Federal parole service (correctional services).

PROGRAM DESCRIPTION: An outpatient day hospital program. Assessment and treatment are provided. Treatment orientation focuses on interpersonal deficits, cognitive restructuring, and social skills training in a group dynamic process, with some individual counselling also available. Other foci of treatment include: assertiveness training, offenders' own victimization, anger management, interpersonal skills, and some family and marital work. Non-offenders are included with sexual offenders in some of the inter-personal skill building groups. Parole and probation services provide follow-up. A model for program evaluation is currently in the developmental stage.

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Saskatchewan Penitentiary
ADDRESS: P.O. Box 160
PRINCE ALBERT, Saskatchewan
S6V 5R6

TELEPHONE: (306) 764-1586

CONTACT PERSON: Audrey Findlay

TARGET GROUP: Adult male child sexual offenders.
REFERRAL: Court recommended, institution staff, inmate self-referral.

PROGRAM DESCRIPTION: An inpatient treatment program with a comprehensive assessment component using psychological measures. Participation is voluntary. Individual treatment only is provided, although in future groups may be reinstigated. Treatment orientation is eclectic, utilizing such approaches as: psychoanalytical, cognitive, behavioral, instructional, insight oriented, support, social skills, sex education, stress management, and assertiveness training. No follow up is provided. Evaluation is conducted using pre- and post-test measures as well as subjective assessments.

PROGRAM:
ORGANIZATION: Christian Counselling Services
ADDRESS: 818 Broadway Avenue
SASKATOON, Saskatchewan
S7N 1B6

TELEPHONE: (306) 244-9890

CONTACT PERSON: Lois Gossen

TARGET GROUP: Adult and adolescent sex offenders. Those who perpetually deny the offence are excluded.
REFERRAL: Department of Social Services, churches, doctors, and self-referral (voluntary and mandated).

PROGRAM DESCRIPTION: A community based outpatient program providing individual therapy. This agency also refers clients to concurrent group treatment in Saskatoon. Individual psychotherapy follows an addictions perspective focusing on the roots of compulsive behaviour, communication skills, alternative coping strategies, and sex education. Child Protection Services or a social worker are usually involved and provide follow-up. Other than peer-review, no program evaluation has been conducted.

PROGRAM: Outpatient Group Treatment Program for Adolescent Sex Offenders
ORGANIZATION: MacNeill Clinic

and

Youth Services
University Hospital
ADDRESS: 912 Idylwyld Drive
SASKATOON, Saskatchewan
S7L 0Z6

TELEPHONE: (306) 933-5800 (MacNeill Clinic)
(306) 966-2627 (University Hospital)

CONTACT PERSON: Janet Orchard, Gary Perry, Gary A. Bridge (MacNeill Clinic); Janet Orchard (University Hospital)

TARGET GROUP: Adolescent child sexual offenders (urban and rural) aged 12 — 17 years.
REFERRAL: Youth Courts (on a mandatory basis), youth workers, police, lawyers, schools, parents (on a mandatory or voluntary basis).

PROGRAM DESCRIPTION: A community based outpatient program situation in a children's mental health facility serving children, youths and their families. Assessment includes: clinical interviews, information regarding the offence and the youth's social, educational, family and previous legal histories; sex offender's assessment protocol; psychological tests (intelligence, academic, life events); interviews with parents/family; information on previous victimization; and victim information (where possible). Group treatment orientation is cognitive behavioral. Youths are screened for suitability in the group process, which operates with a male-female co-therapist team. Individual counselling and family therapy are also provided. Other treatment modalities include: assertiveness training, anger control, social skill training, and recreation groups. Follow up consists of contacting youths and parents for a period of up to one year following treatment. No formal program evaluation has been conducted to date, however treatment and outcome evaluation procedures are currently being developed.

PROGRAM: Sex Offender Treatment Unit
ORGANIZATION: Regional Psychiatric Centre
ADDRESS: P.O. Box 9243
SASKATOON, Saskatchewan
S7K 3X5

TELEPHONE: (306) 975-4156

CONTACT PERSON: Dr. Arthur Gordon

TARGET GROUP: Sex offenders.
REFERRAL: Federal inmates; participation is voluntary.

PROGRAM DESCRIPTION: An inpatient program, situated within a fully accredited forensic hospital in a Correctional Services of Canada Institution. Pre-groups are offered for the intellectually impaired. A comprehensive assessment component is provided, including sexual preference measurements. A closed program, there are a large number of group and individual treatment modules, some groups being compulsory and others being individually assigned. Treatment orientation is cognitive behavioral. Treatment focuses on social skills, anger and stress management, sexuality and relationships, attitudes toward women and children, dysfunctional families, their own sexual victimization, sexual deviance patterns, empathy training, as well as drug and alcohol group work. There is a limited outpatient follow-up. A formal evaluation is in place which assesses recidivism rates as well as subjective feedback.

PROGRAM: Saskatoon Sex Offender Treatment Program
ORGANIZATION:
ADDRESS: #312, 219 — 22nd Street East
SASKATOON, Saskatchewan
S7K 0G4

TELEPHONE: (306) 652-1613

CONTACT PERSON: Doug Harder

TARGET GROUP: Sex offenders, both mandated and voluntary.
REFERRAL: Child Protection Services, parole, probation, Correctional Centre.

PROGRAM DESCRIPTION: A private practice outpatient program providing both assessment and treatment. Assessment is conducted through interviews, and if necessary, psychological assessment. The primary treatment orientation is interpersonal learning group psychotherapy. Areas emphasized are: sexual arousal, communication skills, assertion, anger control, acceptance of responsibility, victim empathy, the offender's own emotional state, and lifestyle. Offenders are confronted on their rationalizations and are helped to learn constructive ways of rebuilding their lives. Each individual is treated as a whole person, rather than a focus of a number of problems. Some individual counselling is also available. There is no follow-up, although graduates may return if necessary. No formal program evaluation has been conducted to date.

## *YUKON*

PROGRAM: Sex Offender Treatment Program
ORGANIZATION: Department of Justice, Government of Yukon
Family Violence Prevention Unit
Integrated Sex Offender Treatment Team
ADDRESS: P.O. Box 2703
WHITEHORSE, Yukon
Y1A 2C6

TELEPHONE: (403) 667-3581 or 667-6375

CONTACT PERSON: Larry Saidman, Pat Kehoe

TARGET GROUP: Child sexual offenders, excluding: those who are psychotic, untreated alcoholics, or extrafamilial abusers without some pre-treatment.
REFERRAL: Mandated through the courts (pre and post-sentence), mental health services, self-referrals.

PROGRAM
DESCRIPTION: An outpatient community based program which includes an assessment component. Treatment includes: group therapy (predominantly a psycho-educational model with a modicum of individual counselling which incorporates — delineating offending cycle; communication skills; cognitive distortions; effects on victims; sex education; rational-emotive therapy; family dynamics; and relapse prevention). Follow up is based on a surveillance group which includes either a parole or probation officer. No formal evaluation has been conducted as yet.

PROGRAM: Youth Sex Offender Group
ORGANIZATION: Juvenile Justice
Department of Health and Human Resources
ADDRESS: Suite 106, 2131 Second Avenue
WHITEHORSE, Yukon
Y1A 1C3

TELEPHONE: (403) 667-3610

CONTACT PERSON: Cathy Deacon

TARGET GROUP: Sexual offenders between the ages of 12 and 18
REFERRAL: Usually court ordered (as a condition or a probation order).

PROGRAM
DESCRIPTION: Presently the program is not running, however there are plans to start a group on an as needed basis.

**PROGRAM:** Integrated Sexual Offenders Treatment Program

**ORGANIZATION:** Mental Health Services
Department of National Health and Welfare
Yukon Region

**ADDRESS:** #4 Hospital Road
WHITEHORSE, Yukon
Y1A 3H8

**TELEPHONE:** (403) 667-6375

**CONTACT PERSON:** J.P. Kehoe

**TARGET GROUP:** Sexual offenders in general, with focus on child sexual offenders. Individuals with evidence of high risk due to violence or inability to control dangerous sexual or aggressive impulses are not admitted.

**REFERRAL:** Courts.

**PROGRAM DESCRIPTION:** A community based outpatient program providing assessment and treatment. Assessment is conducted by a treatment team and includes all relevant information including reports by other agencies and sex offender programs. Treatment orientation is based on Social Learning and Personal Scientist models. The personal scientist model requires that the offender acknowledge his offences and be genuinely interested in controlling the impulses leading to the sexual offending. Treatment modalities include confrontive group and individual sessions in which members are challenged to examine their behaviour and the factors that contributed to their sexual offending; behavioral and cognitive behavioral techniques for learning impulse control; and education about the sexual offending. Training sessions provided include: social skills, cognitive restructuring, impulse control, sex education, victim impact awareness, relapse prevention, and empathy training. Family therapy is also offered. A two year follow up is planned. Program evaluation is built into the program through knowledge and attitude measures of offenders and consumer (referral source) satisfaction.